



Sun Devil Track & Field

1977 Men's NCAA Outdoor Team Champs • 1981 Men's Pac-10 Team Champs
Men: 14 NCAA Champions • 191 All-America Honors • 36 Pac-10 Champions
Women: 18 NCAA Champions • 162 All-America Honors • 45 Pac-10 Champions

MEET SCHEDULE

INDOOR SEASON

JANUARY

17 @ NAU Invite *Flagstaff*
 31 @ UA/NAU Double Dual *Flagstaff*

FEBRUARY

7 @ United Heritage Inv. *Nampa, ID*
 7 @ Mountain 'T' Invite *Flagstaff*
 13-14 @ Bronco Invite *Nampa, ID*
 13-14 @ Pac-10 Invite *Seattle*
 13-14 @ Tyson Foods Invite *Fayetteville*

MARCH

6 @ ISU Last Chance *Ames, IA*
 6 @ Wash. Last Chance *Seattle*
 12-13 @ NCAA Championships *Fayetteville*

OUTDOOR SEASON

MARCH

6 **BILL SAWYER INVITATIONAL** *Tempe*
 19-20 **BALDY CASTILLO INVITE** *Tempe*
 23-24 @ Arizona Multi-Events *Tucson*
 26 **ASU INVITATIONAL** *Tempe*
 26-27 @ Stanford Invite *Palo Alto, CA*

APRIL

2-3 @ Texas Relays *Austin, TX*
 9 @ Mesa Classic *Mesa, AZ*
 10 **SUN ANGEL CLASSIC** *Tempe*
 16-18 @ Mt. SAC Relays *Walnut, CA*
 21-24 @ Drake Relays *Des Moines, IA*
 23-24 @ Oregon Invitational *Eugene, OR*
 23-24 @ UC San Diego Open *LaJolla, CA*

MAY

1 @ UA/NAU Double Dual *Tucson*
 7-8 @ Pac-10 Multi-Events *Tucson*
 14-15 @ Pac-10 Championships *Tucson*
 22 @ Wildcat Classic *Tucson*
 28-29 @ NCAA West Region *Northridge, CA*

JUNE

9-12 @ NCAA Championships *Austin, TX*

TEAM INFORMATION

Head Coach (Jumps) Greg Kraft (8th year)
Assistant (Distance) Walt Drenth (8th)
Assistant (Sprints) Darryl Anderson (8th)
Assistant (Throws) David Dumble (3rd)
Assistant (Pole Vault) Ron Barela (1st)
Assistant (Distance) Louie Quintana (1st)
Grad Assist (Distance) Liz Ackley (1st)
Vol. Assistant (Jumps) Dwight Phillips
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MEDIA RELATIONS

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ON THE STARTING LINE

2004 NCAA Outdoor Track & Field Championships



June 9-12, 2004 at Austin, Texas
 University of Texas (host)
 Mike A. Myers Stadium
 Capacity: 20,048

NCAA Track & Field Championships Await Sun Devils

Arizona State will be represented by 18 athletes in Austin, Texas

TEMPE, Ariz. - The 2004 track and field season comes to a close this week when members of the Arizona State track and field team travel to Austin, Texas, for the 2004 NCAA Outdoor Track and Field Championships. The meet will be conducted June 9-12 at Mike A. Myers Stadium on the campus of the University of Texas.

SUN DEVIL REPRESENTATION

Ten women and eight men have gained entry into the NCAA meet and will compete next week in Austin. The eight men combine for entries into both relays, as well as five individual races, one field event and the decathlon. The women also bring both relays to the Lonestar State along with four individual races, three field event entries and the heptathlon. The list of entrants follows (see page 2 for national ranks for each entrant and entry mark):

NCAA QUALIFIERS - Men (8)

Aaron Aguayo (3K steeple), **Seth Amoo** (200m/4x100m/4x400m), **Lewis Banda** (400m/4x100m/4x400m), **Jason Barton** (400m/4x400m), **Joshua Kinnaman** (decathlon), **Steven Koehnemann** (4x100m), **Domenik Peterson** (200m/4x100m/4x400m), **Trevell Quinley** (long jump).

NCAA QUALIFIERS - Women (10)

Porchea Carroll (4x100m), **Desiree Davila** (5,000m), **Amy Hastings** (3K steeple), **Christina Hardeman** (4x400m), **Jacquelyn Johnson** (heptathlon), **Sandra Orsund** (discus), **Julia Pedersen** (shot put/discus), **Cassandra Reed** (400m/4x100m/4x400m), **Marcia Smith** (4x100m/4x400m), **Kandace Tucker** (200m/4x100m/4x400m).

WHAT IS AT STAKE

The NCAA Championships not only signals the close of another season of track and

field competition, it also brings about one of the more competitive meets of the season. Along with individual, relay and team national titles up for grabs in Austin, the student-athletes also will compete to earn All-America accolades by placing in the Top 8 of their respective events.

WHERE THEY RANK

Several Sun Devils head into the meet ranked highly in the performance lists. On the men's side, the 4x100m relay of **Steven Koehnemann**, **Domenik Peterson**, **Seth Amoo** and **Lewis Banda** are ranked No. 1 while the 4x400m relay (Banda, Amoo, Peterson and **Jason Barton**) sit second. Individually, Banda is third in the 400m with Barton sitting fifth. **Aaron Aguayo** is seventh in the steeplechase. For the women, **Jacquelyn Johnson** is ranked third in the heptathlon while the 4x400m relay of **Kandace Tucker**, **Cassandra Reed**, **Marcia Smith** and **Christina Hardeman** are fifth. Reed also is ranked eighth in the 400m.

RETURNING ALL-AMERICANS

Arizona State has three athletes competing this week that attained All-America honors last year while another one joins the fold as an All-American two years ago. Last year, **Desiree Davila** (5,000m), **Cassandra Reed** (4x400m) and **Kandace Tucker** (4x400m) attained the national accolade for their performances. In 2002, **Seth Amoo** was a member of the 4x400m relay that earned the recognition.

HAVING A RELAY GOOD YEAR

The Sun Devil relays are faring well this season as all four (two men's and two women's) are headed to the NCAA meet. For the men, the 4x100m is ranked first in the nation at 38.92 while the 3:01.26 clocked by the 4x400m relay is second. The

CHAMPIONSHIP MEET SCHEDULE

Arizona State Athletes ONLY

Wednesday, June 9

12:30	100m Hurds.	H	J. Johnson
1:30	High Jump	H	J. Johnson
3:45	Shot Put	H	J. Johnson
4:00	W Discus	Q	Pedersen/Orsund
4:30	4x100m	P	Women
4:40	4x100m	P	Men
5:30	200m	H	J. Johnson
7:10	W 400m	P	Reed
7:25	M 400m	P	Banda/Barton
8:00	M Long Jump	Q	Quinley
8:35	W Steeple	P	Hastings
9:10	M Steeple	P	Aguayo
9:35	W 5,000m	P	Davila

Thursday, June 10

2:00	Long Jump	H	J. Johnson
3:30	Javelin	H	J. Johnson
5:20	W 200m	P	Tucker
5:40	800m	H	J. Johnson
6:00	W Shot Put	Q	Pedersen
6:00	M 200m	P	Amoo/Peterson
7:15	W 200m	S	Tucker
7:35	M 200m	S	Amoo/Peterson
8:00	M Long Jump	F	Quinley
8:30	4x400m	P	Women
8:45	4x400m	P	Men

Friday, June 11

12:30	100m	D	Kinnaman
1:30	Long Jump	D	Kinnaman
2:45	Shot Put	D	Kinnaman
3:30	W Discus	F	Pedersen/Orsund
4:00	High Jump	D	Kinnaman
7:00	4x100m	F	Women
7:10	4x100m	F	Men
7:20	400m	D	Kinnaman
7:45	W Steeple	F	Hastings
8:05	M Steeple	F	Aguayo
8:20	W 400m	S	Reed
8:35	M 400m	S	Banda/Barton

Saturday, June 12

12:00	110m HH	D	Kinnaman
1:00	Discus	D	Kinnaman
3:30	Pole Vault	D	Kinnaman
5:00	W Shot Put	F	Pedersen
6:00	Javelin	D	Kinnaman
7:00	W 400m	F	Reed
7:10	M 400m	F	Banda/Barton
8:00	1,500m	D	Kinnaman
8:15	W 200m	F	Tucker
8:25	M 200m	F	Amoo/Peterson
8:55	W 5,000m	F	Davila
9:35	4x400m	F	Women
9:45	4x400m	F	Men

H - heptathlon; D - decathlon; Q - qualifying rounds; P - preliminaries; S - semis; F - final

• Athletes are not guaranteed a spot in the semifinals and finals of each event and must advance from the qualifying/preliminary rounds in order to compete.

women's 4x400m relay is fifth at 3:31.44 while the 4x100m relay is 13th at 44.31. Not only did the men win both relays at the regional meet, they also secured gold on the conference level.

ROLLING IN FROM REGIONALS

Arizona State finished fourth in the men's team race while the women took fifth at the NCAA West Region meet, held May 28-29 in Northridge, Calif. At the meet, the men won three titles and the women two as the relays shined. For the men, the 4x100m (38.92) won with the second-fastest time in school history with the 4x400m (3:01.77) recording the third-fastest school mark to win the gold. **Aaron Aguayo** was the lone individual winner on the weekend as he captured the steeplechase in 8:42.79, the second-fastest in ASU annals. For the women, the titles came in the relays as the 4x100m (44.35) and 4x400m (3:31.44) each won.

TEMPE 400

At the Pac-10 Championships (May 14-15), the Arizona State men's sprinters dominated in events involving 400m. The day opened with **Steven Koehnemann**, **Domenik Peterson**, **Seth Amoo** and **Lewis Banda** clocking a 38.97 (the second-fastest in the nation this year) to win the 4x100m relay. Later in the day, Banda won the open 400m in a national-best 44.58 while **Jason Barton** took second at 44.82 and **Steve Fitch** eighth at 46.49. The meet came to a close with Fitch, Amoo, Peterson and Barton combining to win the 4x400m relay in a school-record and meet-record time of 3:01.26.

STEEPLECHASE U.

For the first time in school history, the steeplechase events at the conference meet were swept by Sun Devil runners. **Amy Hastings** secured the title for in the women's race at 10:21.74 while **Aaron Aguayo** took gold in the men's race at 8:47.69. It was the first season either redshirt freshman had competed on the track for the Sun Devils.

Two weeks later, Aguayo claimed the west regional crown with his time of 8:42.79 to move into second on the school's all-time lists. In his last three races, Aguayo has won titles in the event with victories at the Double Dual, the Pac-10 Championships and NCAA West Region. Both Aguayo and Hastings will compete in the NCAA Championships.

TRACK HISTORY 101

More historical marks were recorded at the NCAA West Region meet two weeks ago as seven all-time performances were

recorded, four by the men and three by the women. On the men's side, **Aaron Aguayo** clocked an 8:42.79 to move into the No. 2 spot on the lists in the 3,000m steeplechase while **Ryan Warrenburg** made the lists for the first time at No. 9 in the same event at 8:56.81. The 4x100m relay team climbed to No. 2 at 38.92 while the 4x400m relay moved into third at 3:01.77. For the women, the 4x100m moved into second at 44.31 while **Cassandra Reed** took-over the No. 2 position in the 400m dash at 51.67. Her time also is good enough for a spot on the Pac-10's all-time Top 10 lists. **Liz Lindgren** rounded out the top times with her 10:47.26 in the 3,000m steeplechase to climb to No. 5 on the women's lists.

REGIONAL TEAM STANDINGS

The men accumulated 63 points to tie with conference foe Oregon for a tie for fourth place at the regional meet while the Sun Devil women took fifth with 47 points. Last year, the women took fourth (55 points) while the men took sixth (45 points) in the first running of the meet.

RELAY, RELAY GOOD OUTING

Along with the win in the 4x400m relay at the conference meet, the men's 4x100m relay also secured gold to open the day. By winning both relay events, Arizona State became the 15th school to sweep the men's relays at the conference meet and the 11th to do so when the relays are the 4x100m and 4x400m events (prior to 1976, the relays were 440 yard and mile relays). It also marked the first time it had been done since the 1999 season when USC swept the meet. The Sun Devils of 1982 also accomplished the feat as they won the 4x100m relay in 39.78 and the 4x400m in 3:09.87.

MEN THIRD, WOMEN FOURTH AT PAC-10

The Arizona State men's team tallied 120 points to finish in third place at the Pac-10 Championships with the women finished fourth with 97 points. For the men, the 120 points scored were the second-most in school history following the 133 tallied by the 1981 conference champions. It also marked the fourth time in five years the men have recorded more than 100 points and placed them in the Top 5 for the sixth-year in a row. The women maintained their streak of five years in a row with a Top 5 finish while also breaking 90 points for only the fourth time in 16 times the Sun Devils have competed in the conference meet.

AND THE WINNERS ARE ...

Overall at the Pac-10 Championships, seven total conference titles were secured by Arizona State athletes at the meet held in Tucson. On the women's side, **Jacquelyn Johnson** won the heptathlon and high jump events while **Amy Hastings** took the 3,000m steeplechase. For the men, the 4x100m and 4x400m relays took gold while **Lewis Banda** won the 400m dash and **Aaron Aguayo** captured the 3,000m steeplechase.

DOUBLE DIPPING

For the Arizona State men, a trio of victories at the NCAA West Region meet were repeat performances of their wins at the Pac-10 Championships just two weeks prior. Individually, **Aaron Aguayo** won the 3,000m steeplechase at both meets as he out-kicked Stanford's Ian Dobson in both races. In the relay events, the men's 4x100m relay of **Steven Koehnemann**, **Domenik Peterson**, **Seth Amoo** and **Lewis Banda** captured gold in both meets while the 4x400m relay, though using two different lineups, won both races as well. At the conference level, **Steve Fitch** joined Peterson, Amoo and **Jason Barton** while the victories regional relay was composed of Banda, Amoo, Peterson and Barton.

FIRST TIME IS A CHARM

Nine student-athletes combined to win the five individual and two relay crowns in Tucson last weekend. Of the nine athletes, five are in their first years of competition. **Jacquelyn Johnson** (heptathlon and high jump), **Domenik Peterson** (both relays) and **Steven Koehnemann** (4x100m) are all true freshman while both steeplechase winners, **Amy Hastings** and **Aaron Aguayo**, are redshirt freshman.

NATIONALLY KNOWN

In conference championship action over the past two weekends, four Sun Devils have earned marks that automatically or provisionally qualify for the 2004 USA Olympic Team Trials (July 9-18) in Sacramento, Calif. For the men, **Jason Barton**'s 44.82 in the 400m dash is an automatic qualifier while **Seth Amoo**'s 20.57 in the 200m is a 'B' or provisional mark.

On the women's side, **Jacquelyn Johnson**'s 5,603 points in the heptathlon and **Cassandra Reed**'s 51.97 in the 400m dash are both 'B' qualifiers.

HE'S FAST

Although the 44.58 **Lewis Banda** clocked while winning the 400m dash at the Pac-10 Championships left him .17 seconds shy of the Arizona State record

PAC-10 CONFERENCE CHAMPIONS

Men

Aaron Aguayo	8:47.69
Lewis Banda	44.58
4x100m Relay	38.97
4x400m Relay	3:01.77

Women

Amy Hastings	10:21.74
Jacquelyn Johnson	5,603 pnts.
Jacquelyn Johnson	1.77m (5-9.00)

3,000m Steeplechase
400m dash
*Koehnemann, Peterson, Amoo, Banda
Fitch, Amoo, Peterson, Barton*

3,000m Steeplechase
Heptathlon
High Jump

NCAA WEST REGION CHAMPIONS

Men

Aaron Aguayo	8:42:79
4x100m Relay	38.92
4x400m Relay	3:01.77

Women

4x100m Relay	44.35
4x400m Relay	3:31.44

3,000m Steeplechase
*Koehnemann, Peterson, Amoo, Banda
Fitch, Amoo, Peterson, Barton*

*Smith, Tucker, Reed, Carroll
Smith, Tucker, Reed, Hardeman*

of 44.41 set in 1968 by **Ron Freeman II**, it did put him on top of another record book. Banda also set the national record for Zimbabwe as he continues to improve in the hopes of qualifying for the Olympics this summer in Athens, Greece. The previous national mark was the 45.29 recorded by Young Talkmore Nyangani at an April 3 race.

MEN HIGH IN THE RANKINGS

The final rankings were released Friday, June 4, by Trackwire.com with both the men and women of Arizona State finding a position in the standings. The men are tied with conference foe Stanford for 10th place with a projected NCAA total of 24 points while the women sit tied for 24th with Florida State and Akron at 11 points. In the final power rankings, the Sun Devil men ranked seventh in the nation with 401.41 points while the women occupied the ninth position with 389.36.

MOVING ON UP

The men's 4x400m relay team was back at it again April 3 at the Texas Relays, breaking the school record in the event that was set before any of the four was born: 1977. The quartet of **Steve Fitch**, **Domenik Peterson**, **Jason Barton** and **Lewis Banda** returned to Tempe after finishing third in the event at 3:01.51. The Sun Devils broke the previous school mark of 3:01.74 that was set by **Cliff McKenzie**, **Gerald Burl**, **Tony Darden** and **Herman Frazier**, a mark that stood for 27 years. Though the old mark stood that long, the new mark was around for 43 days as the team of Fitch, **Seth Amoo**, Peterson and Barton broke the standard at the Pac-10 meet with a winning time of 3:01.26.

OLD RECORDS

Although the previous 4x400m relay mark was set numerous years ago, there are still four more marks on the men's lists that have been around longer. **Jerry Bright** holds the 200m mark at 20.29 while **Ron Freeman II** clocked a 44.41 in the 400m. Both marks were set in 1968. Two years later, **Chuck LaBenz** set the standard in the 1,500m and mile runs, both during the 1970 season.

ALL-AMERICANS

Members of the track and field program traveled to Fayetteville, Ark., for the 2004 NCAA Indoor Championships, March 14-15, and returned with stellar performances. Of the 10 athletes that competed in the national event, six returned home as All-Americans. Those Sun Devils included **Lewis Banda** (4x400m), **Jason Barton** (4x400m and 400m), **Domenik Peterson** (4x400m and 200m), **Seth Amoo** (4x400m), **Amy Hastings** (5,000m) and **Jacquelyn Johnson** (pentathlon).

MORE FRESHMAN SUCCESS

Johnson was not the only Sun Devil freshman that had an impressive debut at the NCAA Championships. **Domenik Peterson** competed in three races to earn All-America honors twice while setting one school record. Individually, Peterson finished fourth in the 200m dash with an ASU record time of 20.54. He then anchored the men's 4x400m relay team to a third place finish.

UP NEXT

Several Sun Devil athletes, both current and former, will head to Sacramento, Calif., for the 2004 USA Track and Field Olympic Team Trials.

2004 ARIZONA STATE WOMEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Heptathlon

RUNNING EVENTS

100 METER DASH

NCAA Regional/Pac-10: 11.78 / 12.04

11.69	# •	Kandace Tucker (+0.2)		Double Dual (5/1)
11.80	•	Porchea Carroll (+1.6)		Mt. SAC Relays (4/18)
12.38		Katrice Walton (+0.2)		Double Dual (5/1)

100 METER HURDLES

NCAA Regional/Pac-10: 13.95 / 14.34

13.53	# • d	Jacquelyn Johnson (+1.3)		Arizona Multi Events (3/23)
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200 METER DASH

NCAA Regional/Pac-10: 23.96 / 24.64

23.56	# •	Kandace Tucker (+0.0)		Pac-10 Championships (5/15)
23.63	# •	Cassandra Reed (+0.0)		Pac-10 Championships (5/14)
24.31	•	Marcia Smith (+0.6)		Double Dual (5/1)
24.35	•	Christina Hardeman (+0.6)		Double Dual (5/1)
24.47	•	Porchea Carroll (+0.7)		Sun Angel Classic (4/10)
24.75	d	Jacquelyn Johnson (+1.6)		Arizona Multi Events (3/23)
24.86		Katrice Walton (+0.2)		Double Dual (5/1)
24.92		Tinishia Johnson (+1.0)		Sun Angel Classic (4/10)

400 METER DASH

NCAA Regional/Pac-10: 54.61 / 55.44

51.67	# •	Cassandra Reed		NCAA West Regional (5/28)
53.86	# •	Christina Hardeman		NCAA West Regional (5/28)
54.86	•	Marcia Smith		Double Dual (5/1)
56.55		Tinishia Johnson		ASU Invite (3/26)
57.74		Katrice Walton		ASU Invite (3/26)

400 METER HURDLES

NCAA Regional/Pac-10: 1:00.82 / 1:02.04

1:03.41		Jacquelyn Johnson		Double Dual (5/1)
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800 METER RUN

NCAA Regional/Pac-10: 2:10.29 / 2:11.14

2:12.44		Jessie McLaughlin		Pac-10 Championships (5/14)
2:13.77		Desiree Davila		Double Dual (5/1)

1,500 METER RUN

NCAA Regional/Pac-10: 4:29.12 / 4:40.14

4:21.73	# •	Amy Hastings		Sun Angel Classic (4/10)
4:28.55	# •	Desiree Davila		Baldy Castillo Invite (3/19)
4:36.30	•	Anna Masinelli		Baldy Castillo Invite (3/19)
4:38.47	•	Jessie McLaughlin		Baldy Castillo Invite (3/19)
4:45.59		Liz Lindgren		Baldy Castillo Invite (3/19)
4:47.45		Alvina Begay		Bill Sawyer Invite (3/6)
4:48.57		Jenna Wrieden		Baldy Castillo Invite (3/19)

MILE RUN

NCAA Regional/Pac-10: 4:50.80 / 5:01.14

No Marks

2,000 STEEPLECHASE

NCAA Regional/Pac-10: not contested at either meet

7:22.47		Liz Lindgren		Bill Sawyer Invite (3/6)
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3,000 STEEPLECHASE

NCAA Regional/Pac-10: 10:57.18 / 11:10.14

10:17.67	# •	Amy Hastings		Oregon Invitational (4/24)
10:47.26	# •	Liz Lindgren		NCAA West Regional (5/29)
11:06.47	•	Anna Masinelli		Sun Angel Classic (4/10)

3,000 METER RUN

NCAA Regional/Pac-10: not contested at either meet

10:10.86		Alvina Begay		ASU Invite (3/26)
10:24.00		Jenna Wrieden		ASU Invite (3/26)

5,000 METER RUN

NCAA Regional/Pac-10: 16:56.43 / 17:30.14

16:02.53	# •	Amy Hastings		Mt. SAC Relays (4/16)
16:35.27	# •	Desiree Davila		NCAA West Regional (5/28)
17:28.91	•	Alvina Begay		Oregon Invitational (4/24)

10,000 METER RUN

NCAA Auto/NCAA Provisional/Pac-10: 34:10.00 / 35:15.00 / no standard

36:52.48		Desiree Davila		Pac-10 Championships (5/14)
37:48.33		Alvina Begay		Pac-10 Championships (5/14)
40:03.48		Jenna Wrieden		Pac-10 Championships (5/14)

RELAYS

4X100 METER RELAY

NCAA Regional/Pac-10: 45.80 / no standard

44.31	#	Arizona State 'B'		NCAA West Regional (5/28)
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Porchea Carroll, Cassandra Reed, Marcia Smith, Kandace Tucker

4X400 METER RELAY

NCAA Regional/Pac-10: 3:43.03 / no standard

3:31.44	#	Arizona State 'B'		NCAA West Regional (5/29)
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Marcia Smith, Kandace Tucker, Christina Hardeman, Cassandra Reed

4X800 METER RELAY

NCAA Regional/Pac-10: not competed at either meet

9:05.39		Arizona State 'A'		Baldy Castillo Invite (3/20)
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Anna Masinelli, Jessie McLaughlin, Desiree Davila, Amy Hastings

MULTI-EVENTS

HEPTATHLON

NCAA Auto/NCAA Provisional/Pac-10: 5,500 / 5,000 / 4,400 (no regional)

5,603	\$ •	Jacquelyn Johnson		Pac-10 Multi Championships (5/7-8)
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Top Heptathlon Individual Event Marks

Jacquelyn Johnson

100m Hurdles	13.53 (+1.9)		Arizona Multi Event (3/23)
High Jump	1.76m (5-9.25)		Arizona Multi Event (3/23)
Shot Put	12.10m (39-8.25)		Arizona Multi Event (3/23)
200m Dash	24.75 (+1.6)		Arizona Multi Event (3/23)
Long Jump	5.98 (19-07.50)		Arizona Multi Event (3/24)
Javelin	36.42m (119-06)		Pac-10 Multi Champs. (5/8)
800m Run	2:20.88		Pac-10 Multi Champs. (5/8)
Day One Total	3,522 points		Arizona Multi Event (3/23)
Day Two Total	2,182 points		Pac-10 Multi Champs. (5/8)

2004 ARIZONA STATE WOMEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Heptathlon

FIELD EVENTS

LONG JUMP

NCAA Regional/Pac-10: 5.93m / 5.80m

6.14m	20-01.75	# •	Porchea Carroll (-0.8)	Pac-10 Championships (5/14)
6.10m	20-00.25	# •	Tinishia Johnson (+4.9)	Sun Angel Classic (4/10)
5.98m	19-97-50	# • d	Jacquelyn Johnson (+1.5)	Arizona Multi Event (3/24)

TRIPLE JUMP

NCAA Regional/Pac-10: 12.26m / 12.00m

11.67m	38-03.50		Tinishia Johnson (+0.0)	Double Dual (5/1)
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HIGH JUMP

NCAA Regional/Pac-10: 1.73m / 1.70m

1.77m	5-09.75	# •	Jacquelyn Johnson	Pac-10 Championships (5/14)
NH			Angela Tavlardes	Double Dual (5/1)

POLE VAULT

NCAA Regional/Pac-10: 3.75m / 3.80m

3.80m	12-05.50	# • @	Angela Tavlardes	Double Dual (5/1)
3.40m	11-01.75		Kristi Raban	Double Dual (5/1)
NH			Michelle Lang	Bill Sawyer Invite (3/6)

SHOT PUT

NCAA Regional/Pac-10: 14.24m / 13.25m

16.04m	52-07.50	# •	Julia Pedersen	UC San Diego Open (4/24)
15.64m	51-03.75	# •	Jennifer Kowacz	Mt. SAC Relays (4/18)
12.10m	39-08.50		Jacquelyn Johnson	Arizona Multi Event (3/23)
11.74m	38-06.25		Molly Clarke	Double Dual (5/1)

HAMMER THROW

NCAA Regional/Pac-10: 52.84m / 52.00m

57.33m	188-01	# •	Jennifer Kowacz	Sun Angel Classic (4/10)
51.79m	169-11		Sandra Orsund	Baldy Castillo Invite (3/19)
42.81m	140-05		Sara Shisslak	Double Dual (5/1)
41.74m	136-11		Molly Clarke	Bill Sawyer Invite (3/6)

DISCUS

NCAA Regional/Pac-10: 46.58m / 46.00m

54.18m	177-09	# •	Julia Pedersen	Double Dual (5/1)
52.79m	173-02	# •	Sandra Orsund	Sun Angel Classic (4/10)
44.82m	147-00		Molly Clarke	UC San Diego Open (4/24)
38.17m	125-03		Sara Shisslak	Bill Sawyer Invite (3/6)

JAVELIN

NCAA Regional/Pac-10: 42.61m / 43.50m

44.14m	144-10	# •	Jana Pintz	Pac-10 Championships (5/14)
41.60m	136-06		Jacquelyn Johnson	Baldy Castillo Invite (3/19)
37.46m	122-11		Stacy Perrault	Bill Sawyer Invite (3/6)
32.61m	107-00		Julia Pedersen	Double Dual (5/1)

MEET LOCATIONS

Bill Sawyer Invitational

March 6 Tempe, Ariz.

Baldy Castillo Invitational

March 19-20 Tempe, Ariz.

Arizona Multi Event

March 23-24 Tucson, Ariz.

Arizona State Invitational

March 26 Tempe, Ariz.

Stanford Invitational

March 26-27 Palo Alto, Calif.

Texas Relays

April 2-3 Austin, Texas

Mesa Classic

April 9 Mesa, Ariz.

Sun Angel Classic

April 10 Tempe, Ariz.

Mt. SAC Relays

April 16-18 Walnut, Calif.

Drake Relays

April 21-24 Des Moines, Iowa

Oregon Invitational

April 23-24 Eugene, Ore.

UC San Diego Open

April 23-24 LaJolla, Calif.

Double Dual (ASU, UA, NAU)

May 1 Tucson, Ariz.

Pac-10 Multi Championships

May 7-8 Tucson, Ariz.

Pac-10 Championships

May 14-15 Tucson, Ariz.

Wildcat Classic

May 22 Tucson, Ariz.

NCAA West Region Championships

May 28-29 Northridge, Calif.

NCAA Outdoor Championships

June 9-12 Austin, Texas

USA Olympic Team Trials

July 9-18 Sacramento, Calif.

2004 ARIZONA STATE MEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Decathlon

RUNNING EVENTS

100 METER DASH

NCAA Regional/Pac-10: 10.50 / 10.74

10.30	# •	Seth Amoo (+0.8)	Pac-10 Championships (5/15)
10.39	# •	Steven Koehneman (+0.0)	Baldy Castillo Invite (3/20)
10.43	# •	Domenik Peterson (+0.0)	Pac-10 Championships (5/15)
10.78	d	Joshua Kinnaman (+0.9)	Arizona Multi Event (3/23)
10.81		Trevell Quinley (+0.0)	Baldy Castillo Invite (3/20)
11.01		Asokah Muhammad (+0.0)	Bill Sawyer Invite (3/6)
11.10		Chris Kasik (+0.0)	Bill Sawyer Invite (3/6)
11.14		Bruno Góes (+0.0)	Pac-10 Championships (5/14)
11.62		Kalé Pittman (+0.8)	Bill Sawyer Invite (3/6)

110 METER HURDLES

NCAA Regional/Pac-10: 14.33 / 14.74

15.72		Joshua Kinnaman (+0.5)	Double Dual (5/1)
15.76		Chris Kasik (+0.0)	Baldy Castillo Invite (3/20)

200 METER DASH

NCAA Regional/Pac-10: 21.19 / 21.44

20.57	# •	Seth Amoo (+0.0)	Pac-10 Championships (5/15)
20.59	# •	Lewis Banda (+0.0)	Pac-10 Championships (5/15)
20.62	# •	Domenik Peterson (-0.6)	Sun Angel Classic (4/10)
21.07	# •	Steven Koehnemann (+1.0)	Sun Angel Classic (4/10)
21.65		Jason Barton (+0.0)	Baldy Castillo Invite (3/20)
22.16		Steve Fitch (-0.8)	ASU Invite (3/26)
22.65		Kalé Pittman (+0.0)	Baldy Castillo Invite (3/20)
DNF		Bruno Góes (+0.0)	Bill Sawyer Invite (3/6)

400 METER DASH

NCAA Regional/Pac-10: 47.26 / 47.84

44.58	# •	Lewis Banda	Pac-10 Championships (5/15)
44.82	# •	Jason Barton	Pac-10 Championships (5/15)
46.01	# •	Domenik Peterson	Baldy Castillo Invite (3/20)
46.49	# •	Steve Fitch	Pac-10 Championships (5/15)
49.65	d	Joshua Kinnaman	Arizona Multi Event (3/23)

400 METER HURDLES

NCAA Regional/Pac-10: 52.51 / 53.64

53.10	• h	Lee Bartes	Baldy Castillo Invite (3/19)
59.10		Derek Pisel	Double Dual (5/1)

800 METER RUN

NCAA Regional/Pac-10: 1:50.62 / 1:51.44

1:49.87	# •	Jay DeGroot	Pac-10 Championships (5/14)
1:51.05	•	Dan Maher	ASU Invite (3/26)
1:51.40	•	Jeff Dodge	Baldy Castillo Invite (3/20)
1:51.86		Greg Halver	Baldy Castillo Invite (3/20)
1:59.27		Jeremy Cramer	Baldy Castillo Invite (3/20)

1,500 METER RUN

NCAA Regional/Pac-10: 3:48.21 / 3:50.14

3:45.14	# •	Dan Maher	Baldy Castillo Invite (3/19)
3:45.17	# •	Roger Cahill	Baldy Castillo Invite (3/19)
3:45.55	# •	Aaron Aguayo	Baldy Castillo Invite (3/19)
3:52.19		Ryan Warrenburg	Baldy Castillo Invite (3/19)
3:54.18		Juan Reyes	Sun Angel Classic (4/10)
3:56.58		Jeff Dodge	Bill Sawyer Invite (3/6)
3:56.73		Casey Burchill	Bill Sawyer Invite (3/6)
3:57.22		J.J. Duke	Bill Sawyer Invite (3/6)
3:58.29		Jay DeGroot	Bill Sawyer Invite (3/6)
3:58.89		Jeremy Cramer	Baldy Castillo Invite (3/19)
4:07.47		Greg Halver	Bill Sawyer Invite (3/6)
4:10.08		Griffin Lee	Mesa Classic (4/9)
5:04.18	d	Joshua Kinnaman	Arizona Multi Event (3/24)

3,000 METER RUN - NCAA Regional/Pac-10: not contested at either meet

8:26.41		Casey Burchill	Double Dual (5/1)
8:28.50		Juan Reyes	Double Dual (5/1)
9:13.15		Griffin Lee	ASU Invite (3/26)

3,000 METER STEEPLECHASE

NCAA Regional/Pac-10: 9:08.15 / 9:09.14

8:42.79	# •	Aaron Aguayo	NCAA West Regional (5/29)
8:56.81	# •	Ryan Warrenburg	NCAA West Regional (5/29)
9:19.98		Casey Burchill	Sun Angel Classic (4/10)
9:42.38		J.J. Duke	Double Dual (5/1)
9:47.54		Derek Pisel	Sun Angel Classic (4/10)

5,000 METER RUN

NCAA Regional/Pac-10: 14:18.58 / 14:35.14

14:06.88	# •	Aaron Aguayo	Stanford Invite (3/26)
14:14.51	# •	Roger Cahill	Stanford Invite (3/26)
14:15.43	# •	Casey Burchill	Oregon Invitational (4/24)
14:39.06		Juan Reyes	Oregon Invitational (4/24)
14:54.52		J.J. Duke	Oregon Invitational (4/24)
16:26.33		Griffin Lee	Baldy Castillo Invite (3/19)
16:36.42		Derek Pisel	Baldy Castillo Invite (3/19)

10,000 METER RUN

NCAA Auto/NCAA Provisional/Pac-10: 29:00.00 / 29:45.00 / no standard

29.48.62		Casey Burchill	Stanford Invite (3/26)
30:30.85		Juan Reyes	Pac-10 Championships (5/14)
30:39.81		J.J. Duke	Stanford Invite (3/26)

RELAYS

4X100 METER RELAY

NCAA Regional/Pac-10: 40.66 / no standard

38.92	#	Arizona State 'A'	NCAA West Regional (5/29)
Steven Koehnemann, Domenik Peterson, Seth Amoo, Lewis Banda			

4X400 METER RELAY

NCAA Regional/Pac-10: 3:10.84 / no standard

3:01.26	# !	Arizona State 'C'	Pac-10 Championships (5/15)
Steve Fitch, Seth Amoo, Domenik Peterson, Jason Barton			

4X800 METER RELAY

NCAA Regional/Pac-10: not contested / not contested

7:30.16		Arizona State 'A'	Drake Relays (4/23)
Greg Halver, Jay DeGroot, Jeff Dodge, Dan Maher			

DISTANCE MEDLEY RELAY

NCAA Regional/Pac-10: not contested / not contested

9:57.85		Arizona State 'A'	Drake Relays (4/24)
Jeff Dodge, Steve Fitch, Jay DeGroot, Dan Maher			

MULTI-EVENTS

DECATHLON

NCAA Auto/NCAA Provisional/Pac-10: 7,500 / 7,000 / 6,800 (no regional)

7,484	& •	Joshua Kinnaman	Pac-10 Multi Champs. (5/7-8)
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Top Decathlon Individual Event Marks

Joshua Kinnaman

100m Dash	10.78 (+0.9)	Arizona Multi Event (3/23)
Long Jump	7.27m (23-10.25)(+1.7)	Pac-10 Multi Champs. (5/7)
Shot Put	12.76m (41-10.50)	Pac-10 Multi Champs. (5/7)
High Jump	1.95m (6-4.75)	Arizona Multi Event (3/23)
400m Dash	49.65	Arizona Multi Event (3/23)
110m Hurdles	15.84 (+0.1)	Pac-10 Multi Champs. (5/8)
Discus	42.46m (139-04)	Pac-10 Multi Champs. (5/8)
Pole Vault	4.50m (14-09.00)	Pac-10 Multi Champs. (5/8)
Javelin	61.04m (200-03)	Arizona Multi Event (3/24)
1,500m Run	4:57.42	Pac-10 Multi Champs. (5/8)
First Day Total	3,995 points	Pac-10 Multi Champs. (5/7)
Second Day Total	3,489 points	Pac-10 Multi Champs. (5/8)

2004 ARIZONA STATE MEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Decathlon

FIELD EVENTS

LONG JUMP

NCAA Regional/Pac-10: 7.34m / 7.30m

7.72m	25-04.00	# •	Trevell Quinley (+0.0)	Pac-10 Championships (5/14)
6.95m	22-04.25		Joshua Kinnaman (+0.3)	Sun Angel Classic (4/10)
6.95m	22-09.75		Kalé Pittman (+3.4)	Bill Sawyer Invite (3/6)
6.93m	22-09.00		Asokah Muhammad (+0.8)	Double Dual (5/1)

TRIPLE JUMP

NCAA Regional/Pac-10: 15.08m / 14.50m

14.22m	46-08.00		Asokah Muhammad (+0.0)	ASU Invite (3/26)
13.84m	45-05.00		Joshua Kinnaman (+0.2)	Double Dual (5/1)

HIGH JUMP

NCAA Regional/Pac-10: 2.10m / 2.05m

2.15m	7-00.50	# •	Trevell Quinley	Sun Angel Classic (4/10)
1.95m	6-04.75	d	Joshua Kinnaman	Arizona Multi Event (3/23)
1.90m	6-02.75		Kalé Pittman	Double Dual (5/1)
1.87m	6-01.50		Peter Ospitale	Bill Sawyer Invite (3/6)

POLE VAULT

NCAA Regional/Pac-10: 5.00m / 5.00m

5.17m	16-11.50	# •	Stephen Dolk	Pac-10 Championships (5/14)
5.15m	16-10.75	# •	Brandon Glenn	Sun Angel Classic (4/10)
4.55m	14-11.00		Jon Whaley	Double Dual (5/1)
4.55m	14-11.00		Cameron Abel	Double Dual (5/1)
4.30m	14-01.25		Joshua Kinnaman	Mesa Classic (4/9)

SHOT PUT

NCAA Regional/Pac-10: 16.47m / 17.00m

17.40m	57-01.00	# •	Travis Jones	Double Dual (5/1)
16.16m	53-00.25		Andrew Smith	Bill Sawyer Invite (3/6)
12.93m	42-05.25		Joshua Kinnaman	UC San Diego Open (4/24)

HAMMER THROW

NCAA Regional/Pac-10: 55.63m / 58.00m

58.59m	192-03	# •	Travis Jones	ASU Invite (3/26)
52.42m	172-00		Andrew Smith	Baldy Castillo Invite (3/19)
50.97m	167-03		Chris Duncan	Double Dual (5/1)

DISCUS

NCAA Regional/Pac-10: 51.37m / 51.50m

53.23m	174-08	# •	Travis Jones	Wildcat Classic (5/22)
49.50m	162-05		Jason Kravitz	Bill Sawyer Invite (3/6)
48.97m	160-08		Chris Duncan	Double Dual (5/1)
46.98m	154-02		Joshua Kinnaman	Wildcat Classic (5/22)

JAVELIN

NCAA Regional/Pac-10: 61.62m / 60.00m

61.04m	200-03	• d	Joshua Kinnaman	Arizona Multi Event (3/24)
56.21m	184-05		Andrew Smith	Sun Angel Classic (4/10)

MEET LOCATIONS

Bill Sawyer Invitational

March 6 Tempe, Ariz.

Baldy Castillo Invitational

March 19-20 Tempe, Ariz.

Arizona Multi

March 23-24 Tucson, Ariz.

Arizona State Invitational

March 26 Tempe, Ariz.

Stanford Invitational

March 26-27 Palo Alto, Calif.

Texas Relays

April 2-3 Austin, Texas

Mesa Classic

April 9 Mesa, Ariz.

Sun Angel Classic

April 10 Tempe, Ariz.

Mt. SAC Relays

April 16-18 Walnut, Calif.

Drake Relays

April 21-24 Des Moines, Iowa

Oregon Invitational

April 23-24 Eugene, Ore.

UC San Diego Open

April 23-24 LaJolla, Calif.

Double Dual (ASU, UA, NAU)

May 1 Tucson, Ariz.

Pac-10 Multi Championships

May 7-8 Tucson, Ariz.

Pac-10 Championships

May 14-15 Tucson, Ariz.

Wildcat Classic

May 22 Tucson, Ariz.

NCAA West Region Championships

May 28-29 Northridge, Calif.

NCAA Outdoor Championships

June 9-12 Austin, Texas

USA Olympic Team Trials

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2004 WOMEN'S SEASON RESULTS - OUTDOOR

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Updated June 1, 2004

Alvina Begay [Sr., Ganado, Ariz./Adams State College]

1,500m Run [4:47.45]		
Bill Sawyer Invite (3/6)	4:47.45	2nd
Sun Angel Classic (4/10)	4:52.29	21st
3,000m Run [10:10.16]		
ASU Invite (3/26)	10:10.86	1st
Double Dual (5/1)	10:24.31	1st
5,000m Run [17:28.91]		
Oregon Invitational (4/24)	* 17:28.91	14th
Pac-10 Champs (5/15)	17:55.42	11th
10,000m Run [35:42.37]		
Pac-10 Champs (5/14)	37:48.33	6th

Porchea Carroll [Jr., Oxnard, Calif./Rio Mesa HS]

100m Dash [11.66]		
Bill Sawyer Invite (3/6)	12.18 (+0.4)	1st
Baldy Castillo Invite (3/20)	12.05 (+0.0)	4th
ASU Invite (3/26)	12.04 (-0.8)	3rd
Texas Relays (4/2)	P 12.06 (+2.5)	28th
Sun Angel Classic (4/10)	* 11.98 (+0.2)	7th
Mt. SAC Relays (4/18)	F * 11.80 (+1.6)	7th
Double Dual (5/1)	* 11.90 (+0.2)	3rd
Pac-10 Champs (5/14)	P	
200m Dash [24.38]		
Bill Sawyer Invite (3/6)	24.79 (+1.2)	1st
Sun Angel Classic (4/10)	* 24.47 (+0.7)	7th
Double Dual (5/1)	* 24.54 (+0.6)	7th
Long Jump [6.07m/19-11.00]		
Baldy Castillo Invite (3/20)	F # * 5.95m (19-06.25)(+0.0)	3rd
Sun Angel Classic (4/10)	F 5.75m (18-10.50)(+0.2)	6th
Mt. SAC Relays (4/18)	F 5.78m (18-11.75)(+1.9)	18th
Double Dual (5/1)	F # * 6.07m (19-11.00)(+0.7)	1st
Pac-10 Champs (5/14)	F # * 6.14m (20-01.75)(-0.8)	1st
Wildcat Classic (5/22)	F # * 6.07m (19-11.00)(-0.1)	2nd
NCAA West Region (5/28)	F # * 6.01m (19-08.75)(+2.5)	6th

Molly Clarke [Jr., Santa Cruz, Calif./Chico State]

Discus [47.77m/156-09]		
Bill Sawyer Invite (3/6)	F 41.98m (137-09)	2nd
Baldy Castillo Invite (3/20)	F 42.71m (140-01)	8th
ASU Invite (3/26)	F 43.59m (143-00)	9th
Sun Angel Classic (4/10)	F 43.75m (143-06)	8th
UCSD Triton Open (4/24)	F 44.82m (147-00)	31st
Double Dual (5/1)	F 44.51m (146-00)	5th
Pac-10 Champs (5/15)	P 41.39m (135-09)	13th
Hammer Throw [42.13m/138-02]		
Bill Sawyer Invite (3/6)	F 41.74m (136-11)	7th
Shot Put [11.74m/38-06.25]		
Double Dual (5/1)	F 11.74m (38-06.25)	8th

Desiree Davila [Jr., Chula Vista, Calif./Hilltop HS]

800m Run [2:10.21]		
Double Dual (5/1)	2:13.77	3rd
1,500m Run [4:28.55]		
Baldy Castillo Invite (3/19)	# * 4:28.55	2nd
Sun Angel Classic (4/10)	* 4:30.69	8th
Double Dual (5/1)	* 4:37.00	1st
5,000m Run [16:17.45]		
Oregon Invitational (4/24)	# * 16:49.34	3rd
Pac-10 Champs (5/15)	* 17:18.53	6th
NCAA West Region (5/28)	# * 16:35.27	5th
10,000m Run [36:52.48]		
Pac-10 Champs (5/14)	36:52.48	2nd

Christina Hardeman [So., Sunnyvale, Calif./De Anza CC]

200m Dash [24.35]		
ASU Invite (3/26)	24.85 (-0.7)	4th
Double Dual (5/1)	* 24.35 (+0.6)	5th
Wildcat Classic (5/22)	27.87 (+0.1)	3rd
400m Dash [53.86]		
Baldy Castillo Invite (3/20)	* 55.13	3rd
ASU Invite (3/26)	* 55.04	1st
Sun Angel Classic (4/10)	56.17	8th
Double Dual (5/1)	# * 54.15	3rd
Pac-10 Champs (5/14)	P FS	--
Wildcat Classic (5/22)	# * 54.11	1st
NCAA West Region (5/28)	P # * 53.86	7th
NCAA West Region (5/29)	F * 54.69	9th

Amy Hastings [Fr., Leavenworth, Kan./Leavenworth HS]

1,500m Run - [4:21.73]		
Sun Angel Classic (4/10)	# * 4:21.73	2nd
3,000m Steeplechase - [10:17.67]		
Oregon Invitational (4/24)	# * 10:17.67	2nd
Double Dual (5/1)	# * 10:46.10	1st
Pac-10 Champs (5/14)	# * 10:21.74	1st
NCAA West Region (5/29)	# * 10:20.45	8th
5,000m Run - [16:02.53]		
Mt. SAC Relays (4/16)	# * 16:02.53	7th
Pac-10 Champs (5/15)	* 17:02.46	4th

Jacquelyn Johnson [Fr., Yuma, Ariz./Yuma HS]

Heptathlon - [5,603 points] (individual marks page 11)		
Mike Maynard Multi (3/23-24)	did not finish	--
Pac-10 Multi Championships (5/7-8)	! * 5,603	1st
100m Hurdles - [13.53]		
Baldy Castillo Invite (3/20)	# * 13.83 (+0.0)	2nd
UCSD Triton Open (4/24)	# * 13.95 (-0.6)	4th
Double Dual (5/1)	# * 13.88 (+0.0)	3rd
Pac-10 Champs (5/14)	P # * 13.59 (+0.6)	8th
Pac-10 Champs (5/15)	F # * 13.88 (+0.0)	8th
NCAA West Region (5/28)	P # * 13.67 (+0.5)	9th
NCAA West Region (5/29)	F FS	--
400m Hurdles - [1:03.41]		
Double Dual (5/1)	1:03.41	2nd
High Jump [1.76m/5-09.25]		
Mt. SAC Relays (4/18)	NH	
UCSD Triton Open (4/24)	NH	
Double Dual (5/1)	* 1.70m (5-07.00)	1st
Pac-10 Champs (5/14)	# * 1.77m (5-09.75)	1st
NCAA West Region (5/29)	* 1.74m (5-08.50)	9th
Javelin [41.60m/136-06]		
Baldy Castillo Invite (3/20)	F 41.60m (136-06)	8th
Sun Angel Classic (4/10)	F 39.11m (128-04)	5th
Long Jump [5.98m/19-07.50]		
UCSD Triton Open (4/24)	F # * 5.93m (19-05.50)(+1.8)	4th
Pac-10 Champs (5/14)	P 5.52m (18-01.50)(-1.7)	12th
NCAA West Region (5/28)	P 5.51m (18-01.00)(+0.6)	16th
Shot Put [12.10m/39-08.25]		
Baldy Castillo Invite (3/20)	F 11.83m (38-09.75)	9th
Sun Angel Classic (4/10)	P 10.98m (36-00.25)	15th

2004 WOMEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; [#] PR (outdoor only)

Updated June 1, 2004

Tinishia Johnson [So., Reno, Nev./Edward C. Reed HS]

200m Dash [24.92]

Billy Sawyer Invite (3/6)	24.99 (+1.2)	2nd
ASU Invite (3/26)	24.95 (-1.9)	5th
Sun Angel Classic (4/10)	24.92 (+1.0)	12th

400m Dash [56.55]

Billy Sawyer Invite (3/6)	58.14	1st
ASU Invite (3/26)	56.55	4th

Long Jump [6.10m/20-00.25 wind/(6.03m/19-09.50)]

Baldy Castillo Invite (3/20)	F	# * 5.94m (19-06.00)(+0.0)	4th
ASU Invite (3/26)	F	5.50m (18-00.50)(-4.3)	6th
Sun Angel Classic (4/10)	F	# * 6.10m (20-00.25)(+4.9)	3rd
Mt. SAC Relays (4/18)	F	* 5.90m (19-04.25)(+1.7)	13th
Double Dual (5/1)	F	* 5.91m (19-04.75)(+0.2)	3rd

Triple Jump [11.67m/38-03.50]

Double Dual (5/1)	F	11.67m (38-03.50)(+0.0)	2nd
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Jennifer Kowacz [Jr., Goodyear, Ariz./Northern Arizona]

Hammer Throw [57.33m/188-01]

Baldy Castillo Invite (3/20)	F	# * 54.72m (179-06)	3rd
ASU Invite (3/26)	F	* 53.98m (177-01)	5th
Sun Angel Classic (4/10)	F	# * 57.33m (188-01)	6th
Mt. SAC Relays (4/16)	F	# * 56.61m (185-09)	5th

Shot Put [15.64m/51-03.75]

Sun Angel Classic (4/10)	F	# * 15.06m (49-05.00)	5th
Mt. SAC Relays (4/18)	F	# * 15.64m (51-03.75)	10th

Liz Lindgren [So., Klamath Falls, Ore./Klamath Union HS]

1,500m Run [4:41.28]

Baldy Castillo Invite (3/19)	4:45.59	10th
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2,000m Steeplechase [7:22.47]

Billy Sawyer Invite (3/6)	7:22.47	1st
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3,000m Steeplechase [10:47.26]

ASU Invite (3/26)	11:14.06	1st
Sun Angel Classic (4/10)	* 11:05.50	4th
Oregon Invitational (4/24)	# * 10:52.34	6th
Double Dual (5/1)	11:14.46	2nd
Pac-10 Champs (5/14)	* 11:00.77	7th
NCAA West Region (5/29)	# * 10:47.26	18th

Anna Masinelli [Fr., Scottsdale, Ariz./Xavier College Prep]

1,500m Run [4:36.80]

Baldy Castillo Invite (3/19)	* 4:36.80	5th
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3,000m Steeplechase [11:06.47]

Sun Angel Classic (4/10)	* 11:06.47	5th
Pac-10 Champs (5/14)	11:30.04	10th

Jessie McLaughlin [Fr., Olympia, Wash./Olympia HS]

800m Run [2:12.44]

ASU Invite (3/26)	2:13.87	3rd
Oregon Invitational (4/24)	2:12.69	4th
Double Dual (5/1)	2:14.17	4th
Pac-10 Champs (5/14)	P 2:12.44	14th

1,500m Run [4:38.47]

Baldy Castillo Invite (3/19)	* 4:38.47	6th
Sun Angel Classic (4/10)	4:48.33	18th
Double Dual (5/1)	4:40.44	3rd

Sandra Orsund [Sr., Plymouth, Ind./Plymouth HS]

Discus [55.76m/182-11]

Baldy Castillo Invite (3/20)	F	# * 47.25m (155-00)	3rd
ASU Invite (3/26)	F	# * 50.55m (165-10)	3rd
Sun Angel Classic (4/10)	F	# * 52.79m (173-02)	2nd
Mt. SAC Relays (4/17)	F	41.70m (136-01)	11th
UCSD Triton Open (4/24)	F	# * 50.99m (167-03)	13th
Double Dual (5/1)	F	# 46.36m (158-08)	3rd
Pac-10 Champs (5/15)	F	# * 48.17m (158-00)	8th
Wildcat Classic (5/22)	F	# * 52.57m (172-06)	1st
NCAA West Region (5/28)	P	# 46.89m (153-10)	16th

Hammer Throw [55.15m/180-11]

Billy Sawyer Invite (3/6)	F	48.92m (160-06)	3rd
Baldy Castillo Invite (3/20)	F	51.79m (169-11)	4th
ASU Invite (3/26)	F	49.57m (162-07)	9th
Mesa Classic (4/9)	F	49.91m (163-09)	14th
UCSD Triton Open (4/23)	F	48.74m (159-11)	22nd
Double Dual (5/1)	F	49.21m (161-05)	5th

Julia Pedersen [Jr., Grand Forks, N.D./Red River HS]

Discus [54.18m/177-09]

ASU Invite (3/26)	F	# * 47.99m (157-05)	6th
Sun Angel Classic (4/10)	F	# * 52.35m (171-09)	3rd
Mt. SAC Relays (4/17)	F	# * 51.31m (168-04)	1st
Mt. SAC Relays (4/18) open	F	# * 48.80m (160-01)	15th
UCSD Triton Open (4/24)	F	# * 50.81m (166-08)	15th
Double Dual (5/1)	F	# * 54.18m (177-09)	2nd
Pac-10 Champs (5/15)	F	# * 51.60m (169-03)	3rd
Wildcat Classic (5/22)	F	# * 52.11m (177-11)	2nd
NCAA West Region (5/28)	F	# * 53.53m (175-07)	4th

Shot Put [16.04m/52-07.50]

ASU Invite (3/26)	F	# * 15.34m (50-04.00)	2nd
Sun Angel Classic (4/10)	F	# * 14.92m (48-11.50)	6th
Mt. SAC Relays (4/18)	F	# * 15.39m (50-06.00)	3rd
UCSD Triton Open (4/24)	F	# * 16.04m (52-07.50)	6th
Double Dual (5/1)	F	# * 15.32m (50-03.25)	1st
Pac-10 Champs (5/14)	F	# * 15.36m (50-04.75)	5th
Wildcat Classic (5/22)	F	# * 15.65m (51-04.25)	3rd
NCAA West Region (5/29)	P	# * 14.89m (48-10.25)	10th

Javelin [35.78m/117-05]

Double Dual (5/1)	F	32.61m (107-00)	5th
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Stacy Perrault [Fr., Richland, Wash./Richland HS]

Javelin [37.46m/122-11]

Billy Sawyer Invite (3/6)	F	37.46m (122-11)	3rd
Baldy Castillo Invite (3/20)	P	NM	
Sun Angel Classic (4/10)	F	34.01m (111-07)	7th

Jana Pintz [So., Waimanalu, Hawaii/Northern Colorado Univ.]

Javelin [44.14m/144-10]

Billy Sawyer Invite (3/6)	F	39.20m (128-07)	2nd
Baldy Castillo Invite (3/20)	F	# 43.15m (141-07)	6th
ASU Invite (3/26)	F	42.09m (138-01)	1st
Sun Angel Classic (4/10)	F	40.57m (133-01)	2nd
UCSD Triton Open (4/24)	F	42.77m (140-04)	2nd
Double Dual (5/1)	F	38.55m (126-06)	1st
Pac-10 Champs (5/14)	F	# 44.14m (144-10)	7th
Wildcat Classic (5/22)	F	# 43.69m (143-04)	6th
NCAA West Region (5/29)	P	# 43.81m (143-09)	14th

Kristi Raban [Jr., Mesa, Ariz./Paradise Valley CC]

Pole Vault [3.51m/11-06.25]

Billy Sawyer Invite (3/6)	3.36m (11-00.25)	2nd
Baldy Castillo Invite (3/20)	3.35m (10-11.75)	5th
ASU Invite (3/26)	NH	
Sun Angel Classic (4/10)	3.40m (11-01.75)	5th
UCSD Triton Open (4/24)	3.34m (10-11.50)	12th
Double Dual (5/1)	3.40m (11-01.75)	4th

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Cassandra Reed [Jr., Avondale, Ariz./Aqua Fria HS]

200m Dash [23.63]

Baldy Castillo Invite (3/20)		# * 23.87 (+0.0)	2nd
ASU Invite (3/26)		# * 23.86 (-0.7)	1st
Pac-10 Champs (5/14)	P	# * 23.63 (+0.0)	4th
Pac-10 Champs (5/15)	F	# * 23.79 (+0.0)	7th

400m Dash [51.67]

Sun Angel Classic (4/10)		# * 53.49	3rd
Double Dual (5/1)		# * 52.23	1st
Pac-10 Champs (5/14)	P	# * 53.58	2nd
Pac-10 Champs (5/15)	F	# * 51.97	2nd
NCAA West Region (5/28)	P	# * 51.67	1st
NCAA West Region (5/29)	F	# * 52.01	2nd

Sara Shisslak [Fr., Bisbee, Ariz./Bisbee HS]

Discus [38.17m/125-03]

Bill Sawyer Invite (3/6)	F	38.17m (125-03)	3rd
Baldy Castillo Invite (3/20)	P	36.99m (121-04)	12th
ASU Invite (3/26)	P	NM	
Double Dual (5/1)	F	37.70m (123-08)	9th

Hammer Throw [42.81m/140-05]

Bill Sawyer Invite (3/6)	F	41.22m (135-03)	8th
Baldy Castillo Invite (3/20)	P	NM	
ASU Invite (3/26)	P	39.03m (128-01)	16th
Mesa Classic (4/9)	F	40.65m (133-04)	28th
Double Dual (5/1)	F	42.81m (140-05)	9th

Marcia Smith [Sr., Stockbridge, Ga./Clemson]

200m Dash [23.91]

Double Dual (5/1)		* 24.31 (+0.6)	4th
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400m Dash [53.34]

Baldy Castillo Invite (3/20)		56.36	5th
ASU Invite (3/26)		55.71	2nd
Sun Angel Classic (4/10)		55.65	5th
Double Dual (5/1)		* 54.86	4th
Pac-10 Champs (5/14)	P	55.75	10th

Angela Tavlarides [Jr., Phoenix, Ariz./Mesa CC]

Pole Vault [3.80m/12-05.50]

Bill Sawyer Invite (3/6)		3.51m (11-06.25)	1st
Baldy Castillo Invite (3/20)		@ 3.55m (11-07.75)	2nd
ASU Invite (3/26)		@ 3.55m (11-07.75)	1st
Sun Angel Classic (4/10)		@ # 3.75m (12-03.50)	1st
UCSD Triton Open (4/24)		3.69m (12-01.25)	5th
Double Dual (5/1)		@ # * 3.80m (12-05.50)	2nd
Pac-10 Champs (5/15)		# 3.77m (12-04.50)	12th
NCAA West Region (5/28)		# 3.76m (12-04.00)	14th

High Jump [-]

Double Dual (5/1)		NH	
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Kandace Tucker [So., Irving, Texas/MacArthur HS]

100m Dash [11.69]

Baldy Castillo Invite (3/20)		* 11.79 (+0.0)	1st
ASU Invite (3/26)		* 11.95 (-0.8)	2nd
Texas Relays (4/2)	P	* 11.84 (+1.3)	20th
Sun Angel Classic (4/10)		* 11.81 (+0.2)	3rd
Double Dual (5/1)		# * 11.69 (+0.2)	1st
Pac-10 Champs (5/14)	P	# * 11.73 (+0.0)	6th
Pac-10 Champs (5/15)	F	# * 11.73 (+0.8)	6th

200m Dash [23.56]

Baldy Castillo Invite (3/20)		# * 23.72 (+0.0)	1st
Sun Angel Classic (4/10)		# * 23.73 (+1.7)	3rd
Double Dual (5/1)		# * 23.57 (+0.2)	1st
Pac-10 Champs (5/14)	P	# * 23.67 (+0.0)	5th
Pac-10 Champs (5/15)	F	# * 23.56 (+0.0)	4th
NCAA West Region (5/28)	P	# * 23.79 (+1.5)	3rd
NCAA West Region (5/29)	F	# * 23.59 (+0.6)	3rd

Katrice Walton [So., Detroit, Mich./Cass Technical HS]

100m Dash [12.38]

Bill Sawyer Invite (3/6)		12.52 (+0.4)	5th
Double Dual (5/1)		12.38 (+0.2)	7th

200m Dash [24.86]

Bill Sawyer Invite (3/6)		25.73 (+1.2)	6th
Baldy Castillo Invite (3/20)		25.35 (+0.0)	14th
ASU Invite (3/26)		25.31 (-1.9)	6th
Sun Angel Classic (4/10)		25.53 (+1.0)	16th
Double Dual (5/1)		24.86 (+0.2)	8th
Pac-10 Champs (5/14)	P	24.90 (+0.0)	17th

400m Dash [57.84]

ASU Invite (3/26)		57.84	5th
Sun Angel Classic (4/10)		57.91	11th

Jenna Wrieden [Fr., Glendale, Ariz./Mountain Ridge HS]

1,500m Run [4:48.57]

Bill Sawyer Invite (3/6)		4:53.94	4th
Baldy Castillo Invite (3/19)		4:48.57	16th

3,000m Run [10:24.00]

ASU Invite (3/26)		10:24.00	4th
Double Dual (5/1)		10:36.72	3rd

10,000m Run [40:03.48]

Pac-10 Champs (5/14)		40:03.48	11th
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RELAYS

4x100m Relay

Arizona State 'A' - P. Carroll, C. Reed, J. Johnson, K. Tucker

Baldy Castillo Invite (3/20)		# 45.08	1st
Texas Relays (4/2)	P	# 45.01	3rd
Texas Relays (4/3)	F	DNF	--
Sun Angel Classic (4/10)		DQ	--

Arizona State 'B' - M. Smith, K. Tucker, C. Reed, P. Carroll

Double Dual (5/1)		# 44.79	2nd
Pac-10 Champs (5/15)		DNF	--
NCAA West Region (5/28)	P	# 44.31	1st
NCAA West Region (5/29)	F	# 44.35	1st

4x400m Relay

Arizona State 'A' - T. Johnson, K. Tucker, C. Hardeman, C. Reed

Baldy Castillo Invite (3/20)		# 3:41.79	1st
Texas Relays (4/2)	P	# 3:39.79	10th
Sun Angel Classic (4/10)		# 3:36.91	1st

Arizona State 'B' - M. Smith, K. Tucker, C. Hardeman, C. Reed

Double Dual (5/1)		# 3:37.59	1st
Pac-10 Champs (5/15)		# 3:35.13	2nd
NCAA West Region (5/29)		# 3:31.44	1st

4x800m Relay

Arizona State 'A' - A. Masinelli, J. McLaughlin, D. Davila, A. Hasting

Baldy Castillo Invite (3/20)		9:05.39	1st
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Jacquelyn Johnson [Fr., Yuma, Ariz./Yuma HS]

Heptathlon

<u>Mike Maynard Multi (3/23-24)</u>				<u>did not finish</u>	
100m Hurdles	1,046	1st	13.53		+1.3
High Jump	928	t2nd	1.76m	5-09.25	
Shot Put	668	3rd	12.10m	39-08.50	
200m Dash	910	1st	24.75		+1.6
First Day Total	3,552	2nd			
Long Jump	843	3rd	5.98m	19-07.50	+1.5
Javelin	DNC				
800m Run	DNC				

Pac-10 Multi Championships (5/7-8) 5.603 1st

100m Hurdles	1,028	1st	13.65		+1.2
High Jump	855	1st	1.70m	5-07.00	
Shot Put	667	2nd	12.09m	39-08.00	
200m Dash	871	5th	25.17		+1.7
First Day Total	3,421	1st			
Long Jump	771	2nd	5.74m	18-10.00	+3.9
Javelin	599	t3rd	36.42m	119-06	
800m Run	812	2nd	2:20.88		

Joshua Kinnaman [Fr., Chandler, Ariz./Corona del Sol HS]

Decathlon

<u>Mike Maynard Multi (3/23-24)</u>				<u>7.147</u>	<u>5th</u>
100m Dash	910	2nd	10.78		+0.9
Long Jump	769	9th	6.81m	22-04.25	+0.0
Shot Put	609	10th	12.05m	36-09.50	
High Jump	758	t4th	1.96m	6-04.75	
400m Dash	831	3rd	49.65		
First Day Total	3,877	2nd			
110m Hurdles	715	13th	16.16		+0.9
Discus	607	9th	37.16m	121-11	
Pole Vault	659	9th	4.15m	13-07.25	
Javelin	753	1st	61.04m	200-03	
1,500m Run	536	7th	5:04.18		

Pac-10 Multi Championships (5/7-8) 7.484 2nd

100m Dash	890	2nd	10.87		+0.0
Long Jump	878	1st	7.27m	23-10.25	+1.7
Shot Put	653	3rd	12.76m	41-10.50	
High Jump	749	t3rd	1.94m	6-04.25	
400m Dash	825	2nd	49.77		
First Day Total	3,995	1st			
110m Hurdles	751	8th	15.84		+0.1
Discus	715	3rd	42.46m	139-04	
Pole Vault	760	5th	4.50m	14-09.00	
Javelin	688	2nd	56.65m	185-10	
1,500m Run	553	7th	4:57.42		

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Cameron Abel [So., Chandler, Ariz./Northern Arizona University]

Pole Vault [4.71m/15-05.50]

Bill Sawyer Invite (3/6)	4.27m (14-00.00)	3rd
Baldy Castillo Invite (3/20)	4.45m (14-07.25)	4th
ASU Invite (3/26)	4.20m (13-09.25)	5th
Mesa Classic (4/9)	4.15m (13-07.25)	t20th
Double Dual (5/1)	4.55m (14-11.00)	5th

Aaron Aguayo [Fr., Phoenix, Ariz./Mountain Pointe HS]

1,500m Run [3:45.55]

Bill Sawyer Invite (3/6)	3:52.21	1st
Baldy Castillo Invite (3/19)	# * 3:45.55	4th

3,000m Steeplechase [8:42.79]

Sun Angel Classic (4/10)	# * 8:59.21	2nd
Oregon Invitational (4/24)	# * 8:51.89	6th
Double Dual (5/1)	# * 9:03.93	1st
Pac-10 Champs (5/14)	# * 8:47.69	1st
NCAA West Region (5/29)	# * 8:42.79	1st

5,000m Run [14:06.88]

Stanford Invite (3/26)	# * 14:06.88	23rd
Pac-10 Champs (5/15)	14:23.48	7th

Seth Amoo [Jr., Palmdale, Calif./Highland HS]

100m Dash [10.30]

Baldy Castillo Invite (3/20)	* 10.56 (+0.0)	7th
Double Dual (5/1)	# * 10.42 (+0.0)	1st
Pac-10 Champs (5/14)	P # * 10.35 (+0.0)	3rd
Pac-10 Champs (5/15)	F # * 10.30 (+0.8)	3rd

200m Dash [20.57]

Baldy Castillo Invite (3/20)	# * 20.94 (+0.0)	3rd
Sun Angel Classic (4/10)	# * 20.91 (-0.6)	4th
Double Dual (5/1)	# * 20.66 (+0.0)	2nd
Pac-10 Champs (5/14)	P # * 20.94 (+0.6)	4th
Pac-10 Champs (5/15)	F # * 20.57 (+0.0)	2nd
NCAA West Region (5/28)	P # * 20.91 (+0.5)	3rd
NCAA West Region (5/29)	F # * 20.78 (+0.4)	2nd

Lewis Banda [So., Bulawayo, Zimbabwe/Milton HS]

200m Dash [20.59]

Baldy Castillo Invite (3/20)	# * 20.72 (+0.0)	1st
ASU Invite (3/26)	# * 20.92 (-1.7)	1st
UCSD Triton Open (4/24)	# * 20.95 (-0.6)	2nd
Pac-10 Champs (5/14)	P # * 20.92 (+0.6)	3rd
Pac-10 Champs (5/15)	F # * 20.59 (+0.0)	3rd

400m Dash [44.58]

Sun Angel Classic (4/10)	# * 45.23	2nd
Double Dual (5/1)	# * 45.29	1st
Pac-10 Champs (5/14)	P # * 45.93	2nd
Pac-10 Champs (5/15)	F # * 44.58	1st
NCAA West Region (5/28)	P # * 46.48	3rd
NCAA West Region (5/29)	F # * 45.10	2nd

Lee Bartes [Sr., Mesa, Ariz./Mesa CC]

400m Hurdles [53.10]

Bill Sawyer Invite (3/6)	54.10	2nd
Baldy Castillo Invite (3/19)	* 53.10	5th
ASU Invite (3/26)	53.93	4th
Sun Angel Classic (4/10)	54.25	10th
Double Dual (5/1)	53.68	2nd
Pac-10 Champs (5/14)	P 53.51	14th

Jason Barton [Jr., Phoenix, Ariz./Westwood HS]

200m Dash [21.45]

Baldy Castillo Invite (3/20)	21.70 (+0.0)	11th
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400m Dash [44.82]

Sun Angel Classic (4/10)	# * 45.67	3rd
Double Dual (5/1)	# * 45.57	2nd
Pac-10 Champs (5/14)	P # * 45.49	1st
Pac-10 Champs (5/15)	F # * 44.82	2nd
NCAA West Region (5/28)	P # * 45.77	1st
NCAA West Region (5/29)	F # * 45.47	3rd

Casey Burchill [So., Clovis, Calif./Colorado University]

1,500m Run [3:56.73]

Bill Sawyer Invite (3/6)	3:56.73	4th
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3,000m Run [8:24.01]

Double Dual (5/1)	8:26.41	3rd
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3,000m Steeplechase [9:19.98]

Sun Angel Classic (4/10)	9:19.98	4th
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5,000m Run [14:15.43]

Oregon Invitational (4/24)	invite # * 14:15.43	14th
Pac-10 Champs (5/15)	14:51.09	10th
NCAA West Region (5/28)	14:51.41	14th

10,000m Run [29:48.62]

Stanford Invite (3/20)	29:48.62	37th
Pac-10 Champs (5/14)	30:27.84	3rd

Roger Cahill [So., Glendale, Ariz./Mountain Ridge HS]

1,500m Run [3:45.17]

Baldy Castillo Invite (3/19)	# * 3:45.17	3rd
Sun Angel Classic (4/10)	3:51.73	10th
Oregon Invitational (4/24)	3:51.27	8th
Double Dual (5/1)	3:50.41	2nd
Pac-10 Champs (5/14)	P 3:50.20	4th
Pac-10 Champs (5/15)	F 3:48.36	9th
NCAA West Region (5/28)	P 3:48.13	13th

5,000m Run [14:14.51]

Stanford Invite (3/26)	# * 14:14.51	38th
Pac-10 Champs (5/15)	15:20.25	13th

Jeremy Cramer [Fr., Boise, Idaho/Capital HS]

800m Run [1:59.27]

Baldy Castillo Invite (3/20)	1:59.27	20th
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1,500m Run [3:58.89]

Bill Sawyer Invite (3/6)	3:59.49	7th
Baldy Castillo Invite (3/19)	3:58.89	15th
ASU Invite (3/26)	4:00.54	7th
Sun Angel Classic (4/10)	4:05.24	23rd
Double Dual (5/1)	4:00.90	4th

Jay DeGroot [Jr., Gilbert, Ariz./Gilbert HS]

800m Run [1:49.87]

Baldy Castillo Invite (3/20)	1:51.74	4th
ASU Invite (3/26)	1:52.06	5th
Sun Angel Classic (4/10)	1:53.45	10th
Long Beach Invite (4/17)	1:52.88	4th
Double Dual (5/1)	1:51.76	3rd
Pac-10 Champs (5/14)	P # * 1:49.87	5th
Pac-10 Champs (5/15)	F 1:51.78	9th
NCAA West Region (5/28)	P 1:51.74	11th

1,500m Run [3:58.29]

Bill Sawyer Invite (3/6)	3:58.29	6th
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Jeff Dodge [Jr., Chandler, Ariz./McClintock HS]

800m Run [1:50.17]

Baldy Castillo Invite (3/20)	* 1:51.40	3rd
ASU Invite (3/26)	1:51.91	4th
Sun Angel Classic (4/10)	1:53.36	9th
Long Beach Invite (4/17)	1:52.19	2nd
Double Dual (5/1)	1:53.74	5th
Pac-10 Champs (5/14)	P 1:53.48	14th
1,500m Run [3:56.58]		
Bill Sawyer Invite (3/6)	3:56.58	3rd

Stephen Dolk [Fr., Glendale, Ariz./Ironwood HS]

Pole Vault [5.17m/16-11.50]

Bill Sawyer Invite (3/6)	# * 5.00m (16-04.75)	1st
Baldy Castillo Invite (3/20)	# * 5.00m (16-04.75)	1st
ASU Invite (3/26)	NH	--
Sun Angel Classic (4/10)	# * 5.00m (16-04.75)	6th
UCSD Triton Open (4/24)	# * 5.02m (16-05.50)	3rd
Double Dual (5/1)	NH	--
Pac-10 Champs (5/14)	# * 5.17m (16-11.50)	8th
Wildcat Classic (5/22)	NH	--
NCAA West Region (5/29)	# * 5.01m (16-05.25)	t10th

J.J. Duke [So., Clovis, Calif./Clovis HS]

1,500m Run [3:57.22]

Bill Sawyer Invite (3/6)	3:57.22	5th
Sun Angel Classic (4/10)	4:04.83	22nd

3,000m Steeplechase [9:42.38]

Double Dual (5/1)	9:42.38	5th
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5,000m Run [14:54.52]

Oregon Invitational (4/24)	14:54.52	15th
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10,000m Run [30:39.81]

Stanford Invite (3/20)	30:39.81	61st
Pac-10 Champs (5/14)	32:12.15	15th

Chris Duncan [Fr., Phoenix, Ariz./Mountain Pointe HS]

Discus [48.97m/160-08]

Baldy Castillo Invite (3/20)	F	46.52m (152-07)	10th
ASU Invite (3/26)	P	44.52m (146-01)	10th
Mesa Classic (4/9)	F	48.96m (160-07)	7th
Sun Angel Classic (4/10)	P	48.15m (158-00)	12th
Double Dual (5/1)	F	48.97m (160-08)	3rd

Hammer Throw [50.97m/167-03]

Baldy Castillo Invite (3/20)	P	47.65m (156-04)	18th
ASU Invite (3/26)	P	48.08m (157-09)	18th
Mesa Classic (4/9)	F	47.07m (154-05)	11th
Double Dual (5/1)	F	50.97m (167-03)	5th

Steve Fitch [Sr., San Ramon, Calif./Chabot JC]

200m Dash [21.56]

Baldy Castillo Invite (3/20)	21.65 (+0.5)	8th
ASU Invite (3/26)	22.16 (-0.8)	7th

400m Dash [46.33]

Baldy Castillo Invite (3/20)	# * 46.72	3rd
ASU Invite (3/26)	* 47.75	3rd
Sun Angel Classic (4/10)	# * 47.15	10th
Drake Relays (4/24)	F * 47.37	4th
Double Dual (5/1)	# * 46.68	4th
Pac-10 Champs (5/14)	P * * 46.49	6th
Pac-10 Champs (5/15)	F * * 46.49	8th
NCAA West Region (5/28)	P * * 46.60	7th
NCAA West Region (5/29)	F * * 46.90	8th

Brandon Glenn [Fr., Avondale, Ariz./Westview HS]

Pole Vault [5.15m/16-10.75]

Baldy Castillo Invite (3/20)	# * 5.00m (16-04.75)	1st
ASU Invite (3/26)	# * 5.10m (16-08.75)	1st
Texas Relays (4/3)	# * 5.15m (16-10.75)	t10th
Sun Angel Classic (4/10)	# * 5.15m (16-10.75)	t4th
Double Dual (5/1)	4.85m (15-11.00)	3rd
Pac-10 Champs (5/14)	# * 5.02m (16-05.50)	10th
NCAA West Region (5/29)	# * 5.01m (16-05.25)	t10th

Bruno Góes [Fr., Brasilia, Brasil/CEUB HS]

100m Dash [11.14]

Pac-10 Champs (5/14)	P	11.14	17th
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Greg Halver [Fr., Phoenix, Ariz./Paradise Valley HS]

800m Run [1:51.86]

Baldy Castillo Invite (3/20)	1:51.86	5th
ASU Invite (3/26)	1:55.86	12th
Sun Angel Classic (4/10)	1:53.06	7th
Long Beach Invite (4/17)	1:52.25	3rd
Double Dual (5/1)	1:52.37	4th
Pac-10 Champs (5/14)	P 1:57.78	19th

1,500m Run [4:07.47]

Bill Sawyer Invite (3/6)	4:07.47	10th
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Travis Jones [Sr., San Diego, Calif./Cal State Northridge]

Discus [53.23m/174-08]

Baldy Castillo Invite (3/20)	F	49.78m (163-04)	4th
ASU Invite (3/26)	F	50.92m (167-01)	4th
Sun Angel Classic (4/10)	F	51.00m (167-04)	6th
Mt. SAC Relays (4/16)	F	49.64m (162-10)	9th
UCSD Triton Open (4/24)	F	50.75m (166-06)	39th
Double Dual (5/1)	F	# 51.44m (168-09)	2nd
Pac-10 Champs (5/15)	F	# 51.44m (168-09)	6th
Wildcat Classic (5/22)	F	# * 53.23m (174-08)	4th
NCAA West Region (5/29)	P	50.19m (164-08)	13th

Hammer Throw [58.83m/193-00]

Bill Sawyer Invite (3/6)	F	# 56.61m (185-09)	2nd
Baldy Castillo Invite (3/20)	F	# 56.79m (186-04)	9th
ASU Invite (3/26)	F	# * 58.59m (192-03)	7th
Sun Angel Classic (4/10)	F	# 56.16m (184-03)	7th
Mt. SAC Relays (4/16)	F	# 57.70m (189-04)	3rd
UCSD Triton Open (4/23)	F	# 56.68m (185-11)	9th
Double Dual (5/1)	F	# 57.29m (187-11)	1st
Pac-10 Champs (5/15)	F	# 56.79m (186-04)	9th
Wildcat Classic (5/22)	F	# * 58.42m (191-08)	1st
NCAA West Region (5/28)	F	# 57.01m (187-00)	8th

Shot Put [17.40m/57-01.00]

Bill Sawyer Invite (3/6)	F	# 16.85m (55-03.50)	2nd
Baldy Castillo Invite (3/20)	F	15.90m (52-02.00)	4th
ASU Invite (3/26)	F	16.28m (53-05.00)	6th
Sun Angel Classic (4/10)	F	# 16.54m (54-03.25)	7th
Mt. SAC Relays (4/18)	F	# * 17.06m (55-11.75)	1st
UCSD Triton Open (4/24)	F	15.85m (52-00.00)	23rd
Double Dual (5/1)	F	# * 17.40m (57-01.00)	3rd
Pac-10 Champs (5/14)	P	# * 17.13m (56-02.50)	11th

Chris Kasik [Jr., Mesa, Ariz./Red Mountain HS]

100m Dash [11.10]

Bill Sawyer Invite (3/6)	11.10 (+0.0)	9th
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110m High Hurdles [14.45]

Baldy Castillo Invite (3/20)	15.76 (+0.0)	9th
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2004 MEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [#] PR (outdoor only)

Updated June 1, 2004

Joshua Kinnaman [Fr., Chandler, Ariz./Corona del Sol HS]

Decathlon - [7,484 points] (individual marks page 11)

Mike Maynard Multi (3/23-24) ^ * 7,147 5th
Pac-10 Multi Championships (5/7-8) ^ * 7,484 2nd

110m High Hurdles [15.72]

Bill Sawyer Invite (3/6) 16.86 (+1.7) 6th
Baldy Castillo Invite (3/20) 16.52 (+0.0) 12th
Mesa Classic (4/9) 15.83 (+2.1) 14th
Double Dual (5/1) 15.72 (+0.5) 3rd
Wildcat Classic (5/22) 16.44 (+0.5) 4th

Discus [46.98m/154-02]

Baldy Castillo Invite (3/20) P NM
Mesa Classic (4/9) F 41.91m (137-06) 13th
UCSD Triton Open (4/24) F 36.95m (121-03) 69th
Wildcat Classic (5/22) F 46.98m (154-02) 5th

Javelin [61.04m/200-03]

Bill Sawyer Invite (3/6) F 49.61m (162-09) 6th
Baldy Castillo Invite (3/20) F 52.73m (173-00) 4th
Sun Angel Classic (4/10) F 54.40m (178-06) 6th
UCSD Triton Open (4/24) F 55.05m (180-07) 9th
Double Dual (5/1) F 56.05m (183-11) 2nd
Pac-10 Champs (5/14) P 60.61m (198-10) 10th

Long Jump [7.27m/23-10.25]

Baldy Castillo Invite (3/20) F 6.77m (22-02.50)(+0.0) 8th
Sun Angel Classic (4/10) F 6.95m (22-09.75)(+0.3) 8th
Pac-10 Champs (5/14) P Foul --

Triple Jump [13.84m/45-00.00]

Double Dual (5/1) F 13.84m (45-05.00)(+0.2) 4th

Shot Put [12.93m/42-05.25]

Bill Sawyer Invite (3/6) F 12.64m (41-05.75) 8th
Baldy Castillo Invite (3/20) P 11.73m (38-06.00) 13th
UCSD Triton Open (4/24) F 12.93m (42-05.25) 29th
Wildcat Classic (5/22) F 12.58m (41-03.25) 6th

Pole Vault [4.50m/14-09.00]

Bill Sawyer Invite (3/6) NH ---
Baldy Castillo Invite (3/20) 4.00m (13-01.50) 8th
Mesa Classic (4/9) 4.30m (14-01.25) t15th

Steven Koehnemann [Fr., Chandler, Ariz./Conora del Sol HS]

100m Dash [10.39]

Baldy Castillo Invite (3/20) # * 10.39 (+0.0) 4th
ASU Invite (3/26) * 10.55 (-1.2) 4th
Texas Relays (4/2) P # * 10.46 (+1.8) 6th
Texas Relays (4/3) F * 10.53 (+1.4) 8th
Sun Angel Classic (4/10) * 10.53 (-0.7) 2nd
Pac-10 Champs (5/14) P # * 10.49 (+0.0) 6th
Pac-10 Champs (5/15) F # * 10.49 (+0.8) 7th

200m Dash [21.07]

Baldy Castillo Invite (3/20) # * 21.15 (+0.5) 4th
Sun Angel Classic (4/10) # * 21.07 (+1.0) 7th

Jason Kravitz [So., Beverly Hills, Calif./Beverly Hills HS]

Discus [54.40m/178-06]

Bill Sawyer Invite (3/6) F 49.50m (162-05) 3rd
Baldy Castillo Invite (3/20) F 47.88m (157-01) 8th
ASU Invite (3/26) F 49.21m (161-05) 7th
Mesa Classic (4/9) F 46.54m (152-08) 10th
Sun Angel Classic (4/10) F 48.56m (159-04) 11th
UCSD Triton Open (4/24) F 48.39m (158-09) 48th
Double Dual (5/1) F 46.79m (153-06) 5th

Griffin Lee [Fr., Shawnee, Kan./Mill Valley HS]

1,500m Run [4:10.08]

Mesa Classic (4/9) 4:10.08 9th

3,000m Run [9:13.15]

Bill Sawyer Invite (3/6) 9:13.95 4th
ASU Invite (3/26) 9:13.15 11th

5,000m Run [16:26.33]

Baldy Castillo Invite (3/19) 16:26.33 5th

Dan Maher [Sr., Tucson, Ariz./Salpointe Catholic HS]

800m Run [1:51.05]

ASU Invite (3/26) * 1:51.05 1st
Long Beach Invite (4/17) 1:51.69 1st

1,500m Run [3:45.14]

Baldy Castillo Invite (3/19) # * 3:45.14 2nd
Sun Angel Classic (4/10) # * 3:47.85 2nd
Pac-10 Champs (5/14) P 3:56.09 15th
NCAA West Region (5/28) P 3:58.81 23rd

Asokah Muhammad [Jr., Oakland, Calif./St. Mary's HS]

100m Dash [10.69]

Bill Sawyer Invite (3/6) 11.01 (+0.0) 7th

Long Jump [7.41m/24-03.75]

Baldy Castillo Invite (3/20) F 6.86m (22-06.25)(+0.0) 6th
Double Dual (5/1) F 6.93m (22-09.00)(+0.8) 7th

Triple Jump [14.58m/47-10.00]

ASU Invite (3/26) F 14.22m (46-08.00)(+0.1) 1st
Double Dual (5/1) Foul

Peter Ospitale [Fr., Cave Creek, Ariz./Cactus Shadow HS]

High Jump [1.87m/6-01.50]

Bill Sawyer Invite (3/6) 1.87m (6-01.50) t3rd
Baldy Castillo Invite (3/20) 1.80m (5-10.75) 9th
ASU Invite (3/26) 1.85m (6-00.75) 2nd
Mesa Classic (4/9) 1.80m (5-10.75) t11th

Domenik Peterson [Fr., Jefferson City, Mo./Jefferson City HS]

100m Dash [10.43]

ASU Invite (3/26) * 10.53 (-1.2) 3rd
Double Dual (5/1) # * 10.43 (+0.0) 2nd
Pac-10 Champs (5/14) P * 10.54 (+0.0) 8th
Pac-10 Champs (5/15) F # * 10.43 (+0.8) 4th

200m Dash [20.62]

Sun Angel Classic (4/10) # * 20.62 (-0.6) 1st
Double Dual (5/1) # * 20.65 (+0.0) 1st
Pac-10 Champs (5/14) P # * 20.73 (+0.1) 2nd
Pac-10 Champs (5/15) F # * 20.68 (+0.0) 4th
NCAA West Region (5/28) P # * 20.88 (+0.5) 1st
NCAA West Region (5/29) F # * 20.80 (+0.4) 3rd

400m Dash [46.01]

Baldy Castillo Invite (3/20) # * 46.01 1st

Derek Pisel [Fr., Glendale, Ariz./Mountain Ridge HS]

400m Hurdles [59.10]

Double Dual (5/1) 59.10 6th

3,000m Steeplechase [9:47.54]

Sun Angel Classic (4/10) 9:47.54 7th
Double Dual (5/1) 10:05.87 6th

5,000m Run [16:36.42]

Baldy Castillo Invite (3/19) 16:36.42 6th

2004 MULTI-EVENT SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [#] PR (outdoor only)

Updated June 1, 2004

Kalé Pittman [Jr., Phoenix, Ariz./Phoenix College]

100m Dash [11.62]

Bill Sawyer Invite (3/6) 11.62 (+0.8) 15th

200m Dash [22.65]

Bill Sawyer Invite (3/6) 23.19 (+0.0) 12th

Baldy Castillo Invite (3/20) 22.65 (+0.0) 21st

ASU Invite (3/26) DNF

Long Jump [6.95m/22-09.75 wind/(6.82m/22-04.50)]

Bill Sawyer Invite (3/6) F 6.95m (22-09.75)(+3.4) 1st

Baldy Castillo Invite (3/20) P 6.62m (21-08.75)(+0.0) 14th

ASU Invite (3/26) F 6.71m (22-00.25)(+1.8) 7th

Double Dual (5/1) F 6.82m (22-04.50)(+1.0) 8th

High Jump [1.90m]

Double Dual (5/1) F 1.90m (6-02.75) 4th

Trevell Quinley [Jr., Tracy, Calif./Merrill F. West HS]

100m Dash [10.81]

Baldy Castillo Invite (3/20) 10.81 (+0.0) 12th

Long Jump [7.72m/25-04.00]

Baldy Castillo Invite (3/20) F 7.27m (23-10.25)(+0.2) 1st

ASU Invite (3/26) F # * 7.50m (24-07.25)(+1.6) 2nd

Texas Relays (4/2) F 7.16m (23-06.00)(+2.0) 13th

Sun Angel Classic (4/10) F # * 7.42m (24-04.25)(-0.8) 4th

Mt. SAC Relays (4/18) F 7.06m (23-02.00)(+0.8) 11th

Drake Relays (4/23) F # * 7.37m (24-02.25)(+0.8) 4th

Double Dual (5/1) F # * 7.36m (24-01.75)(+0.9) 1st

Pac-10 Champs (5/14) F # * 7.72m (25-04.00)(+0.0) 2nd

NCAA West Region (5/28) F 7.26m (23-10.00)(+0.6) 6th

High Jump [2.15m/7-00.50]

ASU Invite (3/26) # * 2.15m (7-00.50) 1st

Sun Angel Classic (4/10) # * 2.15m (7-00.50) 1st

Mt. SAC Relays (4/17) * 2.08m (6-09.75) 2nd

Double Dual (5/1) # * 2.10m (6-10.75) 1st

Pac-10 Champs (5/15) # * 2.10m (6-10.75) 5th

NCAA West Region (5/28) * 2.06m (6-09.00) 9th

Juan Reyes [Jr., Phoenix, Ariz./Carl Hayden HS]

1,500m Run [3:51.41]

Sun Angel Classic (4/10) 3:54.18 12th

3,000m Run [8:14.71]

Double Dual (5/1) 8:28.50 4th

5,000m Run [13:54.92]

Oregon Invitational (4/24) 14:39.06 2nd

10,000m Run [30:30.85]

Pac-10 Champs (5/14) 30:30.85 5th

Andrew Smith [Fr., Saginaw, Mich./Heritage HS]

Hammer Throw [52.42m/172-00]

Bill Sawyer Invite (3/6) F 48.27m (158-04) 6th

Baldy Castillo Invite (3/20) P 52.42m (172-00) 13th

ASU Invite (3/26) P 51.94m (170-05) 14th

Mesa Classic (4/9) F 50.24m (164-10) 7th

UCSD Triton Open (4/23) F 50.05m (164-02) 24th

Double Dual (5/1) F 47.65m (156-04) 6th

Javelin [56.21m/184-05]

Bill Sawyer Invite (3/6) F 55.22m (181-02) 4th

Baldy Castillo Invite (3/20) F 51.85m (170-01) 5th

Sun Angel Classic (4/10) F 56.21m (184-05) 5th

Double Dual (5/1) F 53.86m (176-08) 3rd

Shot Put [16.16m/53-00.25]

Bill Sawyer Invite (3/6) F 16.16m (53-00.25) 6th

Baldy Castillo Invite (3/20) F 15.57m (51-01.00) 5th

ASU Invite (3/26) F 15.91m (52-02.50) 8th

Sun Angel Classic (4/10) P 15.19m (49-10.00) 13th

UCSD Triton Open (4/24) F Foul --

Double Dual (5/1) F 16.09m (52-09.50) 5th

Ryan Warrenburg [So., Franklin, Ind./Franklin Community HS]

1,500m Run [3:52.19]

Bill Sawyer Invite (3/6) 3:52.87 2nd

Baldy Castillo Invite (3/19) 3:52.19 5th

3,000m Steeplechase [8:56.81]

ASU Invite (3/26) 9:10.17 1st

Sun Angel Classic (4/10) # * 9:07.59 3rd

Oregon Invitational (4/24) # * 8:59.60 11th

Double Dual (5/1) 9:11.33 2nd

Pac-10 Champs (5/14) # * 9:05.10 6th

NCAA West Region (5/29) # * 8:56.81 10th

Jon Whaley [So., Tempe, Ariz./Northern Arizona University]

Pole Vault [4.45m/14-07.25]

Bill Sawyer Invite (3/6) 4.42m (14-06.00) 2nd

Baldy Castillo Invite (3/20) NH

ASU Invite (3/26) 4.45m (14-07.25) 4th

Mesa Classic (4/9) 4.30m (14-01.25) t15th

Double Dual (5/1) 4.55m (14-11.00) 4th

RELAYS

4x100m Relay

Arizona State 'A' - S. Koehnemann, D. Peterson, S. Amoo, L. Banda

Baldy Castillo Invite (3/20) # 39.33 1st

ASU Invite (3/26) DQ

Texas Relays (4/2) P # 39.40 2nd

Texas Relays (4/3) F # 39.31 3rd

Sun Angel Classic (4/10) # 39.40 1st

Double Dual (5/1) # 39.21 1st

Pac-10 Champs (5/15) # 38.97 1st

NCAA West Region (5/28) P # 39.46 1st

NCAA West Region (5/29) F # 38.92 1st

4x400m Relay

Arizona State 'A' - S. Fitch, D. Peterson, J. Barton, L. Banda

Texas Relays (4/3) F # 3:01.51 3rd

Sun Angel Classic (4/10) # 3:03.97 1st

Arizona State 'B' - J. Barton, S. Amoo, S. Fitch, L. Banda

Double Dual (5/1) # 3:09.37 1st

Arizona State 'C' - S. Fitch, S. Amoo, D. Peterson, J. Barton

Pac-10 Champs (5/15) @ # 3:01.26 1st

Arizona State 'D' - L. Banda, S. Amoo, D. Peterson, J. Barton

NCAA West Region (5/29) # 3:01.77 1st

4x800m Relay

Arizona State 'A' - G. Halver, J. DeGroot, J. Dodge, D. Maher

Drake Relays (4/23) F 7:30.16 6th

Distance Medley Relay

Arizona State 'A' - J. Dodge, S. Fitch, J. DeGroot, D. Maher

Drake Relays (4/24) F 9:57.85 5th

WOMEN'S OUTDOOR RECORD BOOK [Updated May 29]

100 METER DASH

1.	Sharon Ware	1983	11.33	
2.	Dawnyell Linder	1998	11.39	
3.	Lynda Tolbert	1988	11.41	n
4.	Lesa Parker	1994	11.44	
5.	Val Boyer	1979	11.46	n
6.	Maicel Malone	1991	11.47	
7.	Tiffany Greer	2001	11.53	n
8.	Teri Chapple-Sheppard	1983	11.60	n
9.	Renaye Bowen	1977	11.61	n
10.	Omolade Akinremi	1993	11.64	

100 METER HURDLES

1.	Lynda Tolbert	1989	12.75	
2.	Ime Akpan	1992	13.03	n
3.	LaShawn Simmons	1992	13.23	n
4.	Seneca Holmes	2003	13.31	n
5.	Gea Johnson	1990	13.35	n
6.	Brenda Calhoun	1981	13.47	
7.	Jacquelyn Johnson	<u>2004</u>	13.53	
8.	Rhonda Brady (13.3m)	1978	13.54	+
9.	Tesra Bester	1992	13.64	n
10.	Omotayo Akinremi	1994	13.68	

200 METER DASH

1.	Maicel Malone	1991	22.91	
2.	Avia Morgan	1995	23.05	
3.	Val Boyer	1980	23.36	
4.	Freida Cobbs	1979	23.41	n
5.	Dawnyell Linder	1998	23.42	
6.	Renaye Bowen	1977	23.54	+
7.	Kandace Tucker	<u>2004</u>	23.56	n
8.	Jacinta Bartholomew	1988	23.60	
9.	Cassandra Reed	<u>2004</u>	23.63	n
10.	Omotayo Akinremi	1993	23.65	h

400 METER DASH

1.	Maicel Malone	1991	50.33	
2.	Cassandra Reed	<u>2004</u>	51.67	
3.	Shanequa Campbell	1993	51.77	n
4.	Omolade Akinremi	1993	52.24	
5.	Toinette Holmes	1990	52.30	n
6.	Omotayo Akinremi	1993	52.43	n
7.	Avia Morgan	1995	52.58	
8.	Joronda White	1999	52.76	
9.	Jacqueline Gayle	1994	52.76	
10.	Tamika Foster	1988	52.95	

400 METER HURDLES

1.	Omolade Akinremi	1995	55.44	
2.	Tracey Mattes	1992	56.54	
3.	Omotayo Akinremi	1993	56.86	
4.	Candida Coulson	2001	58.31	n
5.	Denise Waddy	1978	58.62	
6.	Christy Akinremi	1993	59.37	n
7.	Karen Vigilant	1997	59.52	n
8.	Seneca Holmes	2001	60.23	n
9.	Cathy Miller	1984	60.54	
10.	Cheryl Lewis (1:01.4m)	1980	61.54	n

800 METER RUN

1.	Kim Toney	1993	2:03.23	n
2.	Lorrieann Adams	1996	2:03.60	
3.	Janice Nichols	1994	2:04.11	
4.	Sharette Garcia	1992	2:05.33	
5.	Jacqueline Gayle	1994	2:05.92	
6.	Mette Berger	1984	2:07.28	
7.	Priscilla Hein	1999	2:07.78	
8.	Michelle Harper	1987	2:08.02	n
9.	Sandy Beach	1983	2:08.40	
10.	Jennifer Bridgeman	1999	2:08.52	n

1,500 METER RUN

1.	Priscilla Hein	1999	4:17.98	
2.	Lisa Aguilera	2001	4:19.16	n
3.	Kim Toney	1993	4:20.69	
4.	Amy Hastings	<u>2004</u>	4:21.73	n
5.	Kelly MacDonald	2001	4:22.72	n
6.	Michelle Harper	1987	4:22.74	+
7.	Julie Seleine	1984	4:23.60	
8.	Brianna Torres	2002	4:25.35	n
9.	Sabrina Peters-Stern	1983	4:26.02	
10.	Teresa Barrios	1989	4:26.55	

3,000 METER RUN

1.	Lynn Nelson	1984	9:09.76	
2.	Sabrina Peters-Stern	1983	9:19.20	
3.	Kelly MacDonald	2000	9:20.12	n
4.	Kathy Mintie	1979	9:23.90	
5.	Lisa Aguilera	2000	9:29.63	n
6.	Teresa Barrios	1986	9:31.76	
7.	Priscilla Hein	1999	9:31.80	
8.	Laura LaMena	1987	9:33.73	n
9.	Julie Seliene	1985	9:37.17	
10.	Dawn Arrigoni	1988	9:38.24	n

3,000 METER STEEPLECHASE

1.	Lisa Aguilera	2003	9:46.43	
2.	Kelly MacDonald	2001	9:55.49	n
3.	Amy Hastings	<u>2004</u>	10:17.67	n
4.	Cody Sohn	2001	10:27.83	n
5.	Liz Lindgren	<u>2004</u>	10:47.26	n
6.	Mandi-Fitz Gustafson	2003	10:51.50	n
7.	Anna Masinelli	<u>2004</u>	11:06.47	n

5,000 METER RUN

1.	Kelly MacDonald	2000	15:53.28	n
2.	Lisa Aguilera	2002	15:57.37	n
3.	Lynn Nelson	1984	15:58.57	
4.	Amy Hastings	<u>2004</u>	16:02.53	n
5.	Brianna Torres	2002	16:13.79	n
6.	Kathy Mintie	1979	16:16.80	n
7.	Desiree Davila	2003	16:17.45	n
8.	Jessica Scalzo	2003	16:22.18	n
9.	Kelly Cordell	1992	16:28.32	
10.	Laura LaMena	1988	16:33.09	

10,000 METER RUN

1.	Laura LaMena	1988	33:45.00	n
2.	Mary Duerbeck	2001	33:53.52	n
3.	Lynn Nelson	1984	34:24.90	
4.	Maria Trujillo	1981	34:26.50	
5.	Kelly Cordell	1992	34:24.00	n
6.	Amy Komitzky	1989	35:24.30	n
7.	Jessica Scalzo	2003	35:28.08	n
8.	Alvina Begay	2003	35:42.37	n
9.	Lisa Pohlit	2003	36:21.58	n
10.	Desiree Davila	<u>2004</u>	36:52.48	n

RELAY EVENTS

4X100 METER RELAY

1.	Lynda Tolbert, Maicel Malone	1988	43.58	
	Tamika Foster, Jacinta Bartholomew			
2.	Omotayo Akinremi, Christie Akinremi	1994	44.24	+
	Lesa Parker, Tika Walton			
3.	Porchea Carroll , Tiffany Greer	2003	44.27	
	Cassandra Reed , Kandace Tucker			
4.	Porchea Carroll , Cassandra Reed	<u>2004</u>	44.31	
	Marcia Smith , Kandace Tucker			
5.	Tike Jackson, Sanoma Nickson	1996	44.50	
	Adra Hysong, Tika Walton			

WOMEN'S OUTDOOR RECORD BOOK [Updated May 29]

4X200 METER RELAY

1.	Jacinta Bartholomew, Lynda Tolbert	1988	1:33.03	
	Tamika Foster, Maicel Malone			
2.	Omotayo Akinremi, Shanequa Campbell	1994	1:33.10	
	Christie Akinremi, Lesa Parker			
3.	Omotayo Akinremi, Lesa Parker	1993	1:34.64	
	Christy Akinremi, Omolade Akinremi			
4.	Maicel Malone, Toinette Holmes	1990	1:34.99	
	Dana Jones, Lynda Tolbert			

4X400 METER RELAY

1.	Omotayo Akinremi, Jacqueline Gayle	1995	3:29.45	
	Avia Morgan, Lade Akinremi			
2.	Jacqueline Gayle, Omotayo Akinremi	1994	3:29.77	
	Akinremi, Shanequa Campbell			
3.	Toinette Holmes, Maicel Malone	1988	3:29.95	
	Jacinta Bartholomew, Tamika Foster			
4.	Toinette Holmes, Dana Jones	1990	3:30.26	
	Charmaine Williams, Maicel Malone			
5.	Shanequa Campbell, Janice Nichols	1993	3:30.43	n
	Omotayo Akinremi, Omolade Akinremi			

4X800 METER RELAY

1.	Jacqueline Gayle, Janice Nichols,	1994	8:24.27	
	Omolade Akinremi, Kim Toney			
2.	Anna Masinelli, Jessie McLaughlin,	2004	9:05.39	n
	Desiree Davila, Amy Hastings			

FIELD EVENTS

LONG JUMP

1.	Jacinta Bartholomew	1989	6.62	21-08.75	
2.	Tiffany Greer	2002	6.48	21-03.25	n
3.	Valerie Williams	2001	6.46	21-02.50	
4.	Tesra Bester	1992	6.43	21-01.50	
5.	Anna Van	1984	6.38	20-11.25	
6.	Rhonda Paine	1983	6.37	20-10.75	
7.	Lisa Hale	1992	6.36	20-10.50	
	Sharesa Turner	2001	6.36	20-10.50	n
9.	Gea Johnson	1990	6.34	20-09.75	w
10.	LaShawn Simmons	1992	6.33	20-09.25	n

TRIPLE JUMP

1.	Valerie Williams	2000	12.84	42-01.50	
2.	Erika Johnson	2000	12.57	41-03.00	
3.	Anna Van	1984	12.37	40-07.25	
4.	Giannina Re	1995	12.34	40-06.00	
5.	Adra Hysong	1995	12.09	39-08.00	
6.	Tesra Bester	1991	11.91	39-01.00	n
7.	Fiona Daly	1998	11.82	38-09.50	
8.	Tamara Espinoza	1999	11.79	38-09.25	
9.	Lennon Gardner	1988	11.77	38-07.50	
10.	Olivia Mazzaglia	2001	11.73	38-06.00	n

HIGH JUMP

1.	Coleen Rienstra	1980	1.93	6-04.00	
2.	Fiona Daly	1998	1.88	6-02.00	
3.	Shelly Choppa	1993	1.83	6-00.00	
	Jackie Belzner	1988	1.83	6-00.00	
5.	Gea Johnson	1990	1.79	5-10.25	n
6.	Jacquelyn Johnson	2004	1.77	5-09.75	
7.	Tana Tate	1984	1.75	5-08.75	
	Dana Collins	1978	1.75	5-08.75	
	Monique Donithan	1978	1.75	5-08.75	
	Jodi Smith	2002	1.75	5-08.75	
	Olivia Mazzaglia	2002	1.75	5-08.75	

POLE VAULT

1.	Angela Tavarides	2004	3.80	12-05.50	
2.	Olivia Mazzaglia	2000	3.51	11-06.00	
3.	Kristi Raban	2004	3.40	11-01.75	n
4.	Holly Smith	2000	2.65	8-08.25	
	Jessie Cady	2000	2.65	8-08.25	

SHOT PUT

1.	Leslie Deniz	1983	17.03	55-10.50	
2.	Natalie Kaaiawahia	1984	16.79	55-01.25	
3.	Julia Pedersen	2004	16.04	52-07.50	n
4.	Ria Stalman	1981	15.98	52-02.25	n
5.	Adrienne Judie	2000	15.89	52-01.75	
6.	Jennifer Kowacz	2004	15.64	51-03.75	n
7.	Jennifer Lemke	1983	15.63	51-03.25	
8.	Yolanda Meservey	2002	15.04	49-04.25	n
9.	Sandra Orsund	2003	14.74	48-04.50	n
10.	Maryanne Barry	1983	14.52	47-11.75	

DISCUS

1.	Leslie Deniz	1983	64.94	213-01	
2.	Ria Stalman	1981	62.30	204-05	n
3.	Sandra Orsund	2003	55.76	182-11	n
4.	Natalie Kaaiawahia	1984	54.76	179-08	
5.	Julia Pedersen	2004	54.18	177-09	n
6.	Julie Cart	1980	52.04	170-09	n
7.	Adrienne Judie	2001	49.72	163-01	
8.	Molly Clarke	2003	47.77	156-09	n
9.	Diane Arens	1982	45.56	149-06	n
10.	Yolanda Meservey	2001	45.44	149-01	n

JAVELIN

1.	Celeste Wilkinson	1978	56.90	186-08	
2.	Dodie Campbell	1984	54.22	177-11	
3.	Charity Amama	1998	51.42	168-08	
4.	Tracey McCarthy	1984	51.34	168-05	
5.	Marilyn White	1977	47.40	155-06	n
6.	Jaime Gale	1981	46.38	152-02	n
7.	Gea Johnson	1990	45.70	149-11	n
8.	Jana Pintz	2004	44.14	144-10	n
9.	Becky Holley	2003	44.03	144-05	n
10.	Tricia Melfy	1994	42.04	137-11	

HAMMER

1.	Adrienne Judie	2001	58.10	190-07	
2.	Jennifer Kowacz	2004	57.33	188-01	n
3.	Sandra Orsund	2003	55.15	180-11	
4.	Jenae Sonne	2003	51.26	168-02	n
5.	Yolanda Meservey	2001	49.96	163-11	n
6.	Heather Leigh	2001	46.50	152-07	
7.	Molly Clarke	2004	43.75	143-06	n
8.	Sarah Shisslak	2004	42.81	140-05	n

HEPTATHLON

1.	Gea Johnson	1990	6,135 points	n w
2.	Jacquelyn Johnson	2004	5,603 points	
3.	Tricia Melfy	1992	5,332 points	n
4.	Adra Hysong	1997	5,215 points	
5.	Lennon Gardner	1990	5,050 points	n
6.	Christy Jozwiak	1982	4,757 points	
7.	Jodi Smith	2000	4,545 points	
8.	Elizabeth Arollo	2000	4,427 points	

TOP HEPTATHLON EVENT MARKS

100m Hurdles	Gea Johnson	1990	13.51w
200 Meters	Gea Johnson	1990	24.24
800 Meters	Gea Johnson	1990	2:14.50
Long Jump	Gea Johnson	1990	6.26m (20-06.50)
High Jump	Gea Johnson	1990	1.79m (5-10.50)
Shot Put	Gea Johnson	1990	14.18m (46-6.25)
Javelin	Gea Johnson	1990	45.70m (149-11)
First Day Total	Gea Johnson	1990	3,659 pts
Second Day Total	Gea Johnson	1990	2,576 pts

+ - time converted from yards using IAAF tables; w - wind aided; n - non-winning mark; h - hand time conversion • - mark attained in heptathlon

ALL filed marks are listed metric first, imperial second; Current student-athletes in **BOLD**

MEN'S OUTDOOR RECORD BOOK [Updated May 29]

100 METER DASH

1.	Marcus Brunson	2001	10.10	
2.	Ron Brown	1981	10.15	n
3.	Dwayne Evans	1981	10.20	
4.	Kenny Robinson	1985	10.23	
5.	Charlie Wells (10.0m)	1975	10.24	h
6.	Walter Haywood	1983	10.26	
7.	Dwight Phillips	2000	10.28	
8.	Seth Amoo	<u>2004</u>	10.30	n
9.	Jerry Bright (9.47y)	1967	10.32	n +
10.	LaMonte King	1982	10.33	

110 METER HIGH HURDLES

1.	Andrew Parker	1987	13.51	n
2.	Gary Burl	1976	13.57	
3.	John Lehnstrom	1982	13.59	n
4.	Rick Walker	1977	13.73	n
5.	Tony Galaviz	2002	13.75	
6.	Mark Boyd	1986	13.80	n
7.	Gaute Gundersen	1996	13.95	
8.	Fair Hooker (13.8y)	1968	14.04	h +
9.	Mike Cox	1981	14.06	
	James Liddell	1988	14.06	

200 METER DASH

1.	Jerry Bright	1968	20.29	n
2.	Henry Carr	1964	20.33	
3.	Dwayne Evans	1981	20.34	n
4.	LaMonte King	1981	20.36	
5.	Marcus Brunson	2001	20.37	
6.	Tony Darden	1978	20.48	n
7.	Seth Amoo	<u>2004</u>	20.57	n
	Gerald Burl	1977	20.57	n
9.	Howard Henley	1982	20.58	
10.	Lewis Banda	<u>2004</u>	20.59	n

400 METER DASH

1.	Ron Freeman II	1968	44.41	n
2.	Lewis Banda	<u>2004</u>	44.58	
3.	Jason Barton	<u>2004</u>	44.82	n
4.	Maurice Peoples (45.11y)	1973	44.85	+
5.	Howard Henley	1981	44.92	
6.	Herman Frazier	1976	44.95	n
7.	Ulis Williams	1964	45.14	h
8.	Henry Carr	1963	45.49	h
9.	Willie Jones	1982	45.54	
10.	Ivan Jean-Marie	1995	45.49	

400 METER HURDLES

1.	Gordon Bugg	1988	49.30	n
2.	Rick Walker	1977	49.36	n
3.	Robert Rucker	1991	49.54	
4.	John Lehnstrom	1982	49.69	n
5.	Francois Aumas (50.08y)	1976	49.82	h
6.	Mark Boyd	1986	50.91	
7.	Dick Miller (51.4y)	1966	51.24	h +
8.	Konrad Krajewski	1980	51.62	
9.	Mark Phillips	1988	51.66	
10.	Jeff Kemp	1981	51.70	

800 METER RUN

1.	Pete Richardson	1984	1:46.95	
2.	Eddie Davis	1983	1:47.73	
3.	Vondre Armour	1995	1:48.08	
4.	Jim McCreery	1993	1:48.19	
5.	Mike Schwarz	1983	1:48.19	
6.	Chuck LaBenz (1:48.9y)	1970	1:48.27	+
7.	Pete Quinonez	1982	1:48.47	
8.	Clevon Clair	1994	1:48.48	
9.	Ray Wicksell (1:49.7y)	1975	1:49.06	+
	Bob Franek (1:49.7y)	1974	1:49.06	+

1,500 METER RUN

1.	Chuck LaBenz	1970	3:40.70	
2.	Brandon Strong	2002	3:41.42	
3.	Larry Lawson	1974	3:43.00	n
4.	Mike Stahr	1985	3:43.06	n
5.	Ray Wicksell	1979	3:43.20	
6.	Dan Raby	1982	3:44.07	
7.	Todd Lewis	1992	3:44.09	
8.	Ari Rodriguez	1997	3:44.10	
9.	Treg Scott	1985	3:44.16	
10.	Jeff Smith	1988	3:44.87	

MILE RUN

1.	Chuck LaBenz	1970	3:56.90	
2.	Larry Lawson	1974	4:00.60	n
	Jeff Smith	1988	4:00.60	i n
4.	Mark Rafferty	1974	4:01.00	n
5.	Ray Wicksell	1978	4:02.90	
6.	Alex Henderson	1958	4:03.10	
7.	Ed Zuck	1974	4:03.30	n
8.	Louis Scott	1964	4:04.90	n
9.	Manual Quintanar	1969	4:05.80	
10.	Mike Elder	1976	4:06.10	

3,000M STEEPLECHASE

1.	Todd Lewis	1992	8:39.19	n
2.	Aaron Aguayo	<u>2004</u>	8:42.79	
3.	Erin Scroggins	1993	8:45.24	n h
4.	Jeremy Rasmussen	2000	8:49.23	
5.	Chuck Schwarz	1983	8:54.54	
6.	Kris Alexander	2003	8:55.35	n
7.	Mike Scannell	1985	8:55.49	
8.	Andy Carusetta	1996	8:56.74	
9.	Ryan Warrenburg	<u>2004</u>	8:56.81	n
10.	Gary Geyer	1985	8:57.44	

5,000 METER RUN

1.	Todd Lewis	1990	13:51.40	n
2.	Fasil Bizuneh	2002	13:51.88	n
3.	Isaiah Festa	2000	13:54.20	n
4.	Louis Scott (13:12.4y)	1967	13:54.90	+
5.	Juan Reyes	2002	13:54.92	n
6.	Steve Preston	1986	13:57.30	n
7.	Jerry Jobski	1969	13:57.40	
8.	Jeff Smith	1988	13:57.90	
9.	Alex Henderson (13:37.1y)	1958	14:06.50	+
10.	Aaron Aguayo	<u>2004</u>	14:06.88	n

10,000 METER RUN

1.	Fasil Bizuneh	2002	28:46.88	n
2.	Jerry Jobski (28:17.0y)	1969	29:18.00	+
3.	Matt Repak	1998	29:28.31	
4.	Casey Burchill	<u>2004</u>	29:48.62	n
5.	Dan Fisher	1984	30:20.21	n
6.	Juan Reyes	<u>2004</u>	30:30.85	n
7.	J.J. Duke	<u>2004</u>	30:39.81	n
8.	Fred Herlitz	1986	30:53.00	n

MEN'S OUTDOOR RECORD BOOK [Updated May 29]

FIELD EVENTS

LONG JUMP

1.	Dwight Phillips	2000	8.21	26-11.25	
2.	Kenny Frazier	1984	8.14	26-08.50	
3.	LaMonte King	1981	7.99	26-02.50	
4.	Dannie Jackson	1977	7.94	26-00.50	n
	Sidney Mitchell	1979	7.94	26-00.50	
6.	Deon Mayfield	1984	7.86	25-09.75	
7.	Darryl Hughes	1975	7.81	25-07.50	
8.	Walter Haywood	1982	7.78	25-06.25	
9.	Mike Haynes	1975	7.74	25-05.00	
10.	Matt Zuber	1990	7.73	25-04.50	

TRIPLE JUMP

1.	Deon Mayfield	1982	16.72	54-10.25	
2.	Dwight Phillips	1999	16.41	53-10.25	n
3.	Kenny Frazier	1984	16.35	53-07.75	
4.	Chris DeFrance	1978	16.27	53-04.50	n
5.	Ken McClendon	1979	16.16	53-00.25	n
6.	Brian Ellis	1992	16.14	52-11.75	w
7.	Trevor Hall	1974	15.92	52-03.00	
8.	Lenny McGill	1991	15.83	51-11.25	n
9.	Maurice Peoples	1972	15.80	51-10.00	n
10.	Dannie Jackson	1981	15.79	51-09.75	n

HIGH JUMP

1.	Kyle Arney	1977	2.29	7-6.00	
2.	Gabe Beechum	1992	2.27	7-5.25	n
3.	Ron Kamaka	1984	2.22	7-3.50	
4.	Deon Mayfield	1982	2.21	7-3.00	
	Paul Underwood	1974	2.21	7-3.00	
6.	Joey Johnson	1988	2.20	7-2.50	n
7.	Coart Owens	1979	2.18	7-2.00	
	Barry Shephard	1970	2.18	7-2.00	
9.	Matt Barney	1977	2.16	7-1.00	n
10.	Trevell Quinley	2004	2.15	7-0.50	
	Jase Graber	1995	2.15	7-0.50	
	Ebon Glenn	2001	2.15	7-0.50	

POLE VAULT

1.	Nick Hysong	1994	5.70	18-08.25	
2.	Steve Tully	1984	5.30	17-04.75	
3.	Ralph Haynie	1977	5.24	17-02.25	
4.	Mark Herman	1976	5.235	17-02.00	
5.	Mark Gersten	1988	5.20	17-00.75	
6.	Rick Rogers	1987	5.18	17-00.00	
7.	Stephen Dolk	2004	5.17	16-11.50	n
8.	Brandon Glenn	2004	5.15	16-10.75	n
9.	Ron Barlea	1980	5.08	16-08.00	
	Mike Mason	1980	5.08	16-08.00	n

SHOT PUT

1.	Gary Williky	1982	20.78	68-02.50	
2.	Shane Collins	1990	20.20	66-03.25	
3.	Jim Camp	1986	19.95	65-05.50	
4.	Ron Semkiw	1973	19.68	64-06.25	
5.	Bruce Heide	1980	19.41	63-08.25	
6.	Vince Mosca	2003	19.33	63-05.00	n
7.	David Wood	2001	19.06	62-06.50	
8.	Jon Cole	1966	18.88	61-11.50	
9.	Dennis Black	1992	18.85	61-10.25	
10.	Howard Stuart	1981	18.47	60-07.25	n
	Billy Joe Winchester	1981	18.37	60-07.25	

DISCUS

1.	Gary Williky	1982	62.02	203-06	
2.	Jon Cole	1966	60.78	199-05	
3.	Scott Hersh	1979	58.88	193-02	n
4.	Jay Pushkin	1977	57.56	188-10	n
5.	Eric Logvin	2001	57.40	188-04	n
6.	David Wood	2001	57.02	187-01	n
7.	Jesus Ortiz	1968	56.00	183-09	
8.	Carol Lindros	1968	55.98	183-08	
9.	Vince Mosca	2002	55.74	182-10	n
10.	John Graves	1980	55.08	180-08	

JAVELIN (1986-PRESENT)

1.	Pal Arne Fagernes	1996	80.96	265-07	
2.	Charlie Cohen	1995	72.58	238-01	
3.	Jared Schrieber	1998	70.02	229-09	
4.	Dave Barlia	1988	69.84	229-01	
5.	Bobby Raines	2002	65.67	215-05	n
6.	Scott Shill	1987	64.88	212-10	
7.	Mike Rivers	2002	64.65	212-01	n
	Joe Zapustas	1991	64.64	212-01	n
	Sammy Bryant	1986	64.64	212-01	
10.	Justin Owen	2001	63.26	207-06	n

HAMMER

1.	Mika Laiho	1998	72.26	237-01	
2.	Dave Ryer	1986	63.50	208-09	n
3.	Terry Payne	1986	61.30	201-01	
4.	Travis Jones	2003	58.83	193-00	n
5.	David Bickel	1988	57.58	188-11	
	Don Kralovetz	1990	56.96	186-11	
7.	Mark Landa	1995	55.66	182-07	
8.	Steve White	1995	55.34	181-07	
9.	Karl Atkinson	2001	54.98	180-04	
10.	David Wood	2001	54.22	177-11	n

DECATHLON

1.	Dannie Jackson	1981	7,861 points	a n
2.	John Irvine	1981	7,774 points	h n
3.	Jeff Mont Pas	1980	7,732 points	h n
4.	Matt Zuber	1989	7,555 points	n
5.	Mike Cox	1982	7,544 points	a n
6.	Joshua Kinnaman	2004	7,484 points	n
7.	Sammy Bryant	1986	7,455 points	a
8.	Joe Vier	1983	7,409 points	a n
9.	Wes Herbst	1977	7,016 points	h n
10.	Jeff Kemp	1981	6,955 points	h n

TOP DECATHLON EVENT MARKS

100m Dash	Joshua Kinnaman	2004		10.78
Long Jump	Dannie Jackson	1979	7.99m	26-2.5w
Shot Put	Mike Chapman	1975	14.91m	48-11
High Jump	Mike Cox	1982	2.13m	7-0
	Dannie Jackson	1979	2.13m	7-0
400 Meters	Mike Cox	1982		48.00
110m Hurdles	Dannie Jackson	1979		14.0w
Discus	Dannie Jackson	1981	46.16m	151-5
Javelin (old)	Mike Chapman	1975	68.52m	224-10
Javelin (new)	Sammy Bryant	1986	64.64m	212-01
Pole Vault	Matt Zuber	1989	4.95m	16-2.75
1,500 Meters	John Irvine	1982		4:24.43
First Day Total	Dannie Jackson	1979		4,286 pnts
Second Day Total	Jeff Mont Pas	1980		3,758 pnts

+ - time converted from yards using IAAF tables; w - wind aided; n - non-winning mark; h - hand time conversion • - mark attained in heptathlon

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MEN'S OUTDOOR RECORD BOOK [Updated May 29]

RELAY EVENTS

4X100 METER RELAY

1.	Ron Brown, LaMonte King	1979	38.78	
	Greg Moore, Dwayne Evans			
2.	Steven Koehnemann, Domenik Peterson	<u>2004</u>	38.92	
	Seth Amoo, Lewis Banda			
3.	Howard Henley, LaMonte King	1982	38.93	
	Willie Jones, Ron Brown			
4.	Charlie Wells, Steven Williams	1975	38.96	+
	Carl McCullough, Herman Frazier (39.19y)			
5.	Dwight Phillips, Tony Berrian	2000	39.01	
	Jim McGee, Marcus Brunson			
6.	Greg Moore, LaMonte King	1981	39.05	
	Willie Jones, Dwayne Evans			
7.	Dwight Phillips, Tony Berrian	1999	39.06	
	Jim McGee, Marcus Brunson			
	Steven Williams, Tony Darden	1977	39.06	+
	Gerald Burl, Herman Frazier (39.29y)			
	Leon Tubbs, Willie Jones	1982	39.06	
	Walter Haywood, Howard Henley			
10.	Ron Brown, LaMonte King	1981	39.12	
	Greg Moore, Dwayne Evans			

4X200 METER RELAY

1.	Greg Moore, Dwayne Evans	1981	1:20.37	
	Willie Jones, LaMonte King			
2.	Greg Moore, Dwayne Evans	1981	1:20.44	
	Howard Henley, Willie Jones			
3.	Gary Burl, Tony Darden (1:22.7y)	1977	1:21.00	+
	Gerald Burl, Herman Frazier (World Record at the Time)			
4.	Ron Brown, Willie Jones	1982	1:21.01	
	Howard Henley, LaMonte King			
5.	Greg Moore, Tony Darden	1978	1:21.80	
	Reggie Williams, Gerald Burl			
6.	Charlie Wells, Steven Williams	1975	1:21.90	+
	Carl McCullough, Herman Frazier (1:22.4y)			
7.	Vince Jones, Greg Moore	1980	1:21.96	n
	Howard Henley, Dwayne Evans			

4X400 METER RELAY

1.	Steve Fitch, Seth Amoo	<u>2004</u>	3:01.26	
	Domenik Peterson, Jason Barton			
2.	Steve Fitch, Domenik Peterson	<u>2004</u>	3:01.51	n
	Jason Barton, Lewis Banda			
3.	Clifton McKenzie, Gerald Burl	1977	3:01.74	+
	Tony Darden, Herman Frazier			
4.	Lewis Banda, Seth Amoo	<u>2004</u>	3:01.77	
	Domenik Peterson, Jason Barton			
5.	Jason Barton, Seth Amoo	2003	3:02.81	
	Steve Fitch, Lewis Banda			
6.	Michael Campbell, Marcus Brunson	2001	3:02.89	n
	Pete Lopez, Tony Berrian			
7.	Michael Campbell, Marcus Brunson	2001	3:03.10	
	Jason Barton, Tony Berrian			
8.	Clifton McKenzie, Greg Moore	1978	3:03.23	+
	Gerald Burl, Tony Darden			
9.	Mike Barrick, Henry Carr	1963	3:03.43	
	Ron Freeman, Ulis Williams			
10.	Clifton McKenzie, Rick Walker	1976	3:03.49	
	Carl McCullough, Herman Frazier			

4X800 METER RELAY

1.	Pete Richardson, Eddie Davis	1984	7:08.96	
	Treg Scott, Mike Stahr (Collegiate Record)			
2.	Greg Halver, Jay DeGroot ,	<u>2004</u>	7:30.16	n
	Jeff Dodge, Dan Maher			

SHUTTLE HURDLE RELAY

1.	Mark Boyd, Sammy Bryant	1986	55.79	n
	Matt Zuber, Andrew Parker			
2.	Mark Boyd, Robert Rucker	1987	57.13	n
	Chad Burnett, Andrew Parker			
3.	Dannie Jackson, Kyle Arney	1977	57.30	h
	Rick Walker, Gary Burl			
4.	Bob Adler, Dave Smith	1975	57.80	h
	Rick Walker, Gary Burl			
5.	Bob Adler, Pat Clifford	1974	59.10	n h
	Dave Smith, Gary Burl			

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